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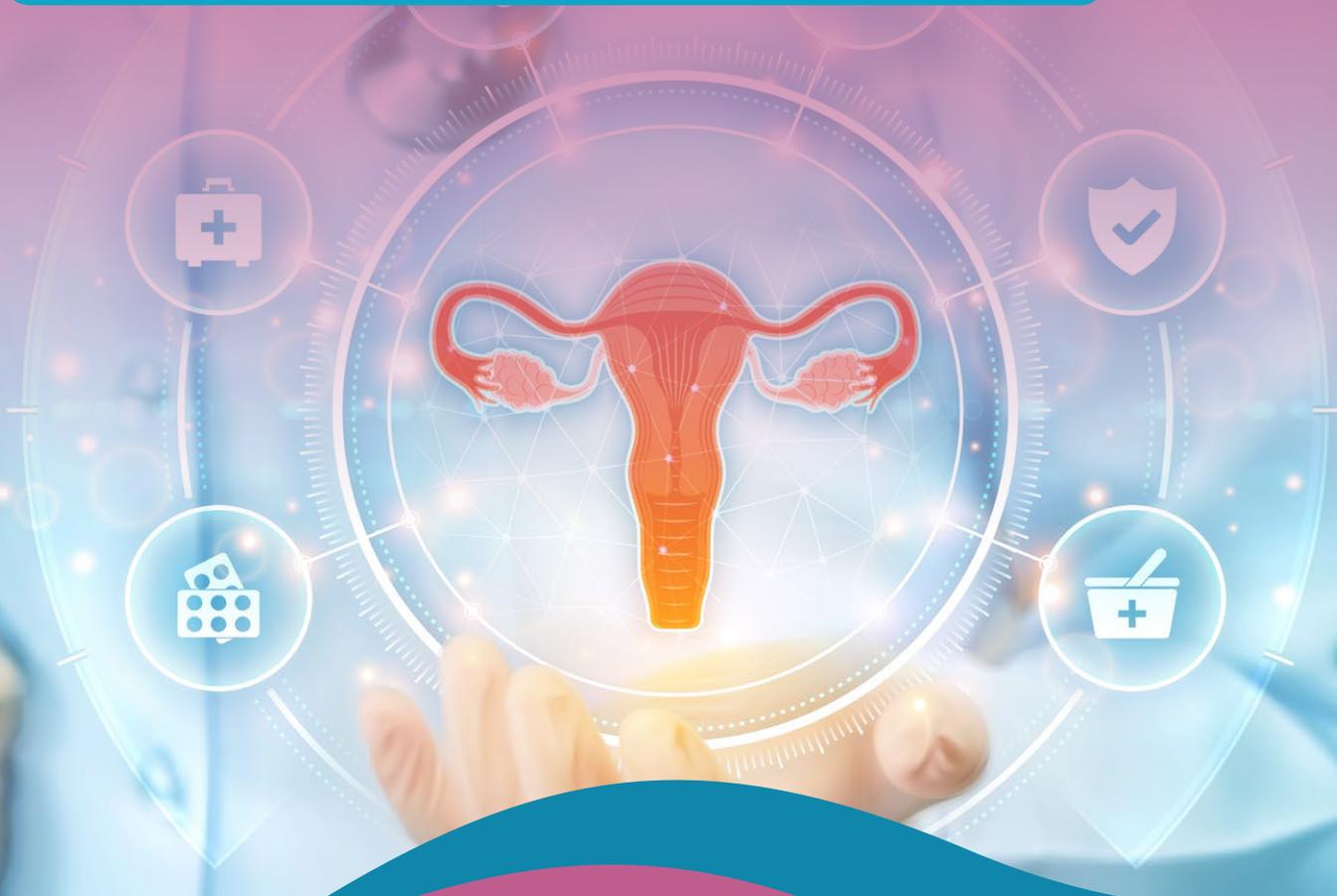


abu dhabi
Convention & Exhibition Bureau

5th International Gynecology and Obstetrics Conference

Dusit Thani Hotel, Abu Dhabi, UAE

Workshop: **16 January, 2026** | Conference: **17-18 January, 2026**



Conference Book

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INDEX

03

WELCOME MESSAGE

04

ORGANIZING & SCIENTIFIC COMMITTEE

05 - 06

LEARNING OBJECTIVES, HIGHLIGHTED TOPICS & KEY FEATURES

06 - 07

GENERAL INFORMATION & CME ACCREDITATION

07 - 08

CONFERENCE SPEAKERS

09 - 11

CONFERENCE SPEAKERS

11 - 12

EMIRATES OBSTETRICS & GYNECOLOGY
SOCIETY (EOGS) SPEAKERS

12

ORAL PRESENTERS

13

WORKSHOP INSTRUCTORS

14 - 18

CONFERENCE AGENDA & POSTER PRESENTATION

19 - 22

WORKSHOPS

23 - 44

SPEAKERS' BIOGRAPHY

45

SPONSORS AND EXHIBITORS

Welcome Message



Dear Colleagues,

On behalf of the Organizing and Scientific Committees, it is our great pleasure to welcome you to the **5th International Gynecology and Obstetrics Conference**, taking place on **January 17–18, 2026**, at the **Dusit Thani Hotel, Abu Dhabi, UAE**. A pre-conference workshop will be held on **January 16, 2026**, offering an additional opportunity for in-depth learning and professional engagement.

The conference will focus on trending topics and critical challenges faced by obstetricians and gynecologists at both local and regional levels, with comprehensive updates in **Clinical Obstetrics, Reproductive Medicine, Gynecologic Oncology, and Fetal and Neonatal Medicine**. Through strong national and international collaborations, delegates will gain a global perspective on the latest clinical advances and best practices.

The Scientific Committee, in partnership with leading professional societies, has developed a rich and dynamic program featuring cutting-edge research, recent developments in healthcare management, and **live surgical demonstrations** delivered by renowned experts. The meeting will host world-class specialists from the **USA, Europe, and the Middle East**, alongside an elite group of distinguished regional and local speakers.

The program includes **plenary sessions, state-of-the-art lectures, interactive sessions, case discussions, workshops, debates**, and engaging discussions with leaders in the field—fostering meaningful exchange of knowledge, experience, and innovation to advance women’s health. In addition, **scientific and industrial exhibitions** will showcase the latest technologies and innovations in obstetrics and gynecology.

This unique event offers an exceptional opportunity for physicians and specialists to gain expert updates, share best practices, network with peers, and establish or strengthen clinical collaborations. Through this conference, we aim to enhance the well-being of women, raise standards of care, and support healthcare professionals in achieving excellence in OB-GYN practice.

We look forward to welcoming you to **Abu Dhabi** to share your experiences, insights, and innovative ideas.

This is truly an event not to be missed.

Saad Ghazal-Aswad

Dr. Saad Ghazal-Aswad

MD, DFFP, FRCOG, PhD, FFPH (RCP-UK)
Conference Chair & Head of Scientific Committee
Consultant Obstetrician & Gynaecologist /
Gynaecological Oncologist
Obstetrics & Gynaecology Department, Tawam Hospital;
Medical Director, Levantine Medical Center, Al Ain UAE

Saleema Wani

Dr. Saleema Wani

MD, MBBS, MRCOG, FRCOG
Conference Co-Chair
Deputy Chief Medical Officer & Chair of Academic Affairs,
Senior Consultant Obstetrician & Gynecologist,
Corniche Hospital, SEHA, Abu Dhabi, UAE

Organizing and Scientific Committee



Chair of Scientific Committee

Dr. Saad Ghazal-Aswad

Senior Consultant Obstetrician & Gynaecologist /
Gynaecological Oncologist, Tawam Hospital, Al Ain, UAE



Co-Chair of Scientific Committee

Dr. Saleema Wani

Deputy Chief Medical Officer & Chair of Academic Affairs,
Senior Consultant Obstetrician & Gynecologist,
Corniche Hospital, SEHA, Abu Dhabi, UAE

Scientific Committee Members

- **Dr. Hisham Mirghani Mubarak**, Chair of Fetal Medicine Services, NMC Royal Khalifa & Royal Women Hospitals
- **Dr. Saad Ghazal-Aswad**, Senior Consultant Obstetrician & Gynaecologist / Gynaecological Oncologist, Tawam Hospital, Al Ain, UAE
- **Dr. Saleema Wani**, Deputy Chief Medical Officer & Chair of Academic Affairs, Senior Consultant Obstetrician & Gynecologist, Corniche Hospital, SEHA, Abu Dhabi, UAE

Learning Objectives

- Review current state-of-the-art advances in managing particular group of diseases related to women's health in Gynecology & Obstetrics.
- Identify prevalent Obstetric problems in high-risk Obstetric cases.
- Minimally invasive Gynecology and its implications in clinical practice
- Identify ethical issues in health care delivery, medical treatment, and decision-making.
- Discuss clinical practice of real-life case studies.
- Identify the recent advances in laparoscopic, hysteroscopic and minimally invasive techniques.
- Identify the safety measures of laparoscopy and hysteroscopy procedures.
- Recognize the indication, contraindications and complications of office Gynecology procedures.
- Identify the abnormal uterine bleeding as a national problem.
- Discuss the laparoscopic role in the treatment of abnormal uterine bleeding.
- Review the most effective and minimally invasive therapeutic and surgical approaches of hysteroscopy in abnormal uterine bleeding.
- Implement evidence-based best practice strategies.

The Meeting provides an opportunity to

- Share your ideas, expertise, successes and challenges with colleagues from across the world and beyond.
- Enjoy a multi-disciplinary program that covers the latest cutting-edge science & innovative developments in Gynaecology & Obstetrics.
- Meet and learn from internationally acclaimed leaders.
- Network with colleagues from around the world with common interests in Gynaecology & Obstetrics.

Highlighted Topics

- General OB Gyne
- Reproductive Endocrinology
- IVF infertility
- Gynecological oncology
- Family and Maternity Medicine (FMM)
- Minimally Invasive Surgery (MIS)
- High Risk pregnancy
- Fetal-Maternal Medicine
- Fetal Ultrasonography
- Gynecological imaging
- Reproductive medicine
- Gynecologic laparoscopy
- Hysteroscopy
- Endometriosis
- Infertility
- Pelvic floor disorders
- Urogynecology
- Updates in male infertility

Key Features

- Presentations by renowned speakers from all over the world
- Interactive sessions
- Platform for global networking
- Connecting scientific community
- World class exhibits

Who Should Attend

- Gynecologists
- Obstetricians
- Clinicians
- Specialists in IVF
- Gynecological Pathologists
- Gynecological Oncologists
- Radiologists
- Urologist
- Endocrinologists
- Infertility specialists
- Anesthesiologist
- Neonatologists
- Family Medicine Physicians
- General practitioners
- Clinical Toxicologists
- Andrology
- Pharmacists
- Nurses
- Midwives
- Researchers
- Residents and Medical Students

General Information

Venue

Dusit Thani Abu Dhabi Hotel, a distinctive luxury destination in the heart of the capital, is a 5-star hotel that embodies refined elegance and Thai-inspired hospitality. Blending contemporary sophistication with traditional Thai grace, the hotel offers a serene urban retreat infused with the cultural warmth and modern spirit of the UAE.

Name Badges

Participants are required to wear their name badges throughout the meeting in order to be admitted to the lecture halls and other scheduled activities. Kindly ensure to scan in and scan out in the session halls attended.

Refreshment and Lunch

Refreshment and lunch will be offered in accordance with the breaks indicated on the Agenda.

Internet

Free internet will be available in the exhibition area during the conference.

Mobile Phones and Photography

Participants are kindly requested to keep their mobile phones silent mode in the conference hall and refrain from taking photographs with flash during sessions.



5th International Gynecology and Obstetrics Conference

Dusit Thani Hotel, Abu Dhabi, UAE

Workshop: **16 January, 2026** | Conference: **17-18 January, 2026**

CME Accreditation

The 5th International Gynecology and Obstetrics Conference has been accredited by the Department of Health and is designated for a maximum of **14.20 DOH (CME) credits**.

Delegates based in Abu Dhabi/ UAE, are required to claim their certificate through the DOH TAMM application. The certificate can be claimed within 60 days from the conference start date, after this period certificates will no longer be available for claim.

DAY 1, Saturday 17/01/2026 is Accredited for **7.10 CME Hours**

DAY 2, Sunday 18/01/2026 is Accredited for **7.10 CME Hours**

The 5th International Gynecology and Obstetrics Conference has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) and is designated for a maximum of **14.50 European CME credits (ECMEC®s)**.

EACCME® certificates of attendance will be ready maximum 7 days post conference at after this period certificates will no longer be available for claim.

DAY 1, Saturday 17/01/2026 is Accredited for **6.50 CME Hours**

DAY 2, Sunday 18/01/2026 is Accredited for **8.00 CME Hours**

Certificate of Attendance

- Please ensure to scan in and scan out your name badge in the session halls attended.
- CME points are accumulated based on attended hours.
- A notification containing the link and instructions on how to download the certificates will be sent to your registered email address.
- Please note that you are required to complete the online evaluation of the conference before you can access the link to download your CME certificates. It is your responsibility to download and retain a copy of the certificate for your records.
- Each medical specialist should claim only those credits that he/she actually spent in the educational activity.

CONFERENCE

Speakers



Dr. Bohaira El Geyoushi
DM FCoSRH CCT FRCOG,
Consultant Gynaecologist &
Reproductive Medicine
American Hospital Dubai, UAE



Dr. Andrea Kalin Agten
Consultant Obstetrician,
Subspecialist in Maternal Fetal Medicine
Corniche Hospital, SEHA Abu Dhabi, UAE



Dr. Nahida Nayaz Ahmed
Consultant Psychiatrist,
Chief Medical Officer
Sakina Mental Health &
Well-being Services, UAE



Prof. Hassan Shehata
Senior and Global Health Vice President
The Royal College of Obstetrician & Gynaecologist,
London, United Kingdom



Dr. Saleema Wani
MD, MBBS, MRCOG, FRCOG
Conference Co-Chair
Deputy Chief Medical Officer & Chair of Academic
Senior Consultant Obstetrician & Gynecologist,
Corniche Hospital, SEHA, Abu Dhabi, UAE



Prof. Dilly Anumba
MBBS FWACS FRCOG MD LL.M (Medical Law)
Chair of Obstetrics and Gynaecology, University of Sheffield
Honorary Consultant Obstetrician/Gynaecologist,
Subspecialist in Maternal and Fetal Medicine,
Sheffield Teaching Hospitals, United Kingdom



Dr. Mouza Al Salmani
MD FRCOG
Sr. Consultant in Obstetrics and Fetal Medicine
Royal Hospital, Muscat Oman



Dr. Hafis Ponnambath
Consultant Neonatologist
Corniche Hospital, Abu Dhabi, UAE



Mr. Zayed Saeed Saif Saeed Al Shamsi
Head of the Lawyers' Committee
Emirates Association of Lawyers
and Legal Professionals, UAE



Dr. Elsamawal El Hakim
FRCOG, DRH, CCST, MSc, Clinical MD
Founder and Chairman, FertiClinic Group
Consultant, Reproductive Medicine & Infertility / CEO
FertiClinic Fertilization Centre LLC, UAE



Dr. Tarek Ahmed El Ansari
Acting Deputy Chief Medical Officer
Department of Anaesthesia & DCMO
Corniche Hospital, Abu Dhabi, UAE



Prof. Mohamed Kamal Etman
MD, PhD, APCA, RDMS, RDCS
Consultant Maternal Fetal Medicine
Prof. of Obstetrics and Gynecology,
Faculty of Medicine, Fayoum University - Egypt



Dr. Melanie Lynn Carminati
PT, DPT, GTS, NCPT
Doctor of Physical Therapy, Owner & Founder
Inspira Physical Therapy & Pilates, USA



Dr. Nageena Mahmood
Consultant Physician
Department of Obstetric Medicine - CMO
Corniche Hospital, Abu Dhabi, UAE

CONFERENCE

Speakers



Dr. Bashir Taha Salih
Emeritus Chair of Obstetric Medicine Department,
Consultant, Corniche Hospital,
Abu Dhabi, UAE



Dr. Ziena Abdullah
Consultant Obstetrician and Gynecologist
Tawam Hospital, Al Ain UAE



Ms. Zarah Sadiq
Clinical Education Department Manager
SEHA Corniche Hospital
Abu Dhabi, UAE



Dr. Rupinder Kaur Ruprai
MD, Assoc-RCOG, F.MAS, D.MIS,
D. Repr Med, F, RegenMed, MBA(HCS)
Specialist Ob-Gyn and Integrative Gynecologist
HealthBay Clinics, Dubai, UAE



Dr. Ghada Salman
MBChB, MSc, FRCOG
Consultant Gynaecologist
University College London Hospital,
United Kingdom



Dr. Zahid Khan
Consultant Obstetrician & Gynecologist,
Danat Al Emarat Hospital, UAE



Prof. David Attalah
Gynecologic Oncologist & Breast Surgeon
Department of Obstetrics and Gynecology a
Hotel-Dieu de France University Hospital
Associate professor at Saint Joseph University,
Beirut, Lebanon



Dr. Sara G.I. Suliman
MBBS, FRCP, CCST (General Medicine,
Diabetes and Endocrinology), DPhil (Oxon),
EASO National Clinical Fellow, SCOPE International
Fellow; Consultant Endocrinologist, Diabetologist
and Bariatric Physician Imperial College London
Diabetes Centre, Abu Dhabi, UAE



Dr. Carol Conghnam
FRCOG, FRCPI, MD
Medical Director
ART Fertility Dubai, UAE



Prof. Mohammed Abbas Khaled
MBBS, PhD, FRCOG
Consultant, King Abdulaziz Medical City,
Jeddah, Saudi Arabia



Prof. Muhieddine AF Seoud
MD, FACOG, FACS
Professor of Obstetrics and Gynecology,
Gynecologic Oncology
American University of Beirut Medical Center,
Beirut Lebanon



Dr. Khlood Catroon
Senior Clinical Pharmacist
Corniche Hospital, SEHA Abu Dhabi, UAE



Dr. Mathebele Ray Makwela
Consultant Gynecological Oncologist
Sheikh Shakbout Medical City, Abu Dhabi UAE



Prof. Hassan Mohamed Elbiss
MD, MRCOG, FRCOG, CCT
Professor, Consultant Obstetrician,
Urogynaecologist and laparoscopic Surgeon
Department of Obstetrics and Gynaecology,
College of Medicine & Health Sciences, UAE

CONFERENCE Speakers



Prof. Mostafa Metwally
Honorary Chair, University of Sheffield, UK
Consultant, Reproductive Medicine and Surgery
Tawam Hospital, Al Ain, UAE



Dr. Kornelia Zareba
Assistant Professor, Department of Obstetrics and
Gynecology at UAE University, CMHS, UAE
Consultant Specialist in Obstetrics and Gynecology,
Tawam Hospital, Al Ain, UAE



Dr. Jamal Aldeen Alkoteesh
Chairman, Clinical Imaging & Chief of
Interventional Radiology Tawam Hospital
Professor, Interventional Radiology
UAE University College of Medicine and
Health Science, UAE



Dr. Thikra Hassan
MD, MRCOG, FRCOG, CCT, Consultant OB-GYN,
Division Chief Oncology-Obs and GYNO Clinic
Tawam Hospital, Al Ain, United Arab Emirates

Emirates Obstetrics & Gynecology Society (EOGS) Speakers



Shaikha Dr. Alia AlQassimi
MBBCh, Msc HCM RCSI
Specialist Aesthetic & Functional Gynecology
President of Emirates Gynecology &
Obstetrics Society (EGOS), UAE



Dr. Khulood Al Awadi
Consultant Sexual and Reproductive Healthcare
Danat Al Emarat Hospital, UAE



Dr. Rashad G. Haddad
Senior Consultant Obstetrics & Gynecology
Dubai London Hospital, UAE



Dr. Amel Almaeeni
CMO, Consultant Obstetrician and Gynecologist
Fujairah Hospital, Emirates Health Services (EHS), UAE

Emirates Obstetrics & Gynecology Society (EOGS)

Speakers



Dr. Laila Alhubaishi

Consultant Obstetrics and Gynecology
Director of Dubai Residency Training Program and
Chairperson of Obs & Gyne Scientific of Emirati Board
Latifa Hospital - Dubai Health, UAE



Dr. Wael Hosni

Head of Obstetrics & Gynecology Department
HMS Al Garhoud Hospital, HMS Mirdiff Hospital, UAE



Dr. Aparna Gumma

MBBS, MD, DNB, CCT(UK), FRCOG, PGCE, FRCP
Consultant Obstetrician and Gynaecologist
Mediclinic, Dubai UAE



Dr. Ibrahim Abd Elrahman

BSc (Hons), MB BCH, LRCP&SI, BSCCP, FRCOG, CCST (Obs/Gyn)
Consultant Gynaecologist and Advanced Laparoscopic Surgeon
King's College Hospital London, Dubai, UAE

Oral Presenters



Dr. Reem Ahmed Bolbol

Obstetrics and Gynecology Resident
Tawam Hospital, Al Ain UAE



Ms. Jude Maraka

Fourth-year Medical Student
College of Medicine and Health Sciences,
Khalifa University, Abu Dhabi, UAE



Mr. Chris Mathew Prince

Medical Graduate
Research at Gulf Medical University, UAE



Dr. Lamis K Abufool

Obstetrics and Gynecology Resident
Mohammed Bin Rashid University,
Dubai Health, UAE



Dr. Alya Ali Al Mansoori

Obstetrics and Gynecology Resident
Tawam Hospital, Al Ain UAE



Dr. Irin Blessina Jesudoss

Obstetrics and Gynecology Resident
Tawam Hospital, Al Ain UAE



Dr. Rand Jumma

Obstetrics and Gynecology Resident
Tawam Hospital, Al Ain UAE

WORKSHOP

Instructors



Dr. Saad Ghazal-Aswad
Senior Consultant Obstetrician & Gynaecologist/
Gynaecological Oncologist,
Tawam Hospital, Al Ain, UAE



Dr. Thikra Hassan
MD, MRCOG, FRCOG, CCT, Consultant OB-GYN,
Division Chief Oncology-Obs and GYNO Clinic
Tawam Hospital, Al Ain, United Arab Emirates



Prof. Hassan Mohamed Elbiss
MD, MRCOG, FRCOG, CCT
Professor, Consultant Obstetrician,
Urogynaecologist and laparoscopic Surgeon
Department of Obstetrics and Gynaecology,
College of Medicine & Health Sciences, UAE



Dr. Basirat Towobola
Consultant Obstetrician and Urogynecologist
Tawam Hospital, Al Ain UAE



Dr. Mustafa Aldam
MD, JBOG, Consultant Obstetrics & Gynaecology
President of Middle East Obstetrics & Gynaecology
Conference Dubai (MeGo Dubai);
President of International Association of
Cosmetic Gynaecology
Healia Medical Center Dubai, UAE



Dr. Kornelia Zareba
Assistant Professor, Department of Obstetrics and
Gynecology at United Arab Emirates University,
CMHS, UAE; Consultant Specialist in Obstetrics and
Gynecology, Tawam Hospital, Al Ain, UAE

Conference Agenda

DAY 1 | Saturday, 17th January 2026

TIME	TOPIC	SPEAKERS
08:00 - 08:55	Registration	
08:55 - 09:00	Welcome and Introduction	Dr. Saad Aswad, UAE & Dr. Saleema Wani, UAE
SESSION 1		
SESSION CHAIRS: Dr. Saad Aswad, UAE and Dr. Saleema Wani, UAE		
09:00 - 09:15	Who Controls Fertility Choices: Women, Doctors, or Society?	Dr. Bohaira El Geyoushi, UAE
09:15 - 09:30	What is New about Vaginal Microbiome Implications in Pregnancy	Dr. Andrea Kalin Agten, UAE
09:30 - 09:45	Why Maternal Mental Health Matters, Needs Attention?	Dr. Nahida Nayaz Ahmed, UAE
09:45 - 10:10	From MDG to SDGs: A Global Commitment to Maternal Health and Reducing Mortality	Prof. Hassan Shehata, UK
10:10 - 10:25	Asherman Syndrome for General Gynecologist	Prof. Mostafa Metwally, UAE
10:25 - 10:35	Panel Discussion	
10:35 - 11:00	OFFICIAL INAUGURATION	
11:00 - 11:15	COFFEE BREAK Exhibition Visit & Networking Poster Viewing	

SESSION 2		
SESSION CHAIRS: Dr. Mouza Al Salmani, Oman and Prof. Dilly Anumba, UK		
11:15 - 11:40	Why is the prevention of preterm birth so difficult? How can we change this?	Prof. Dilly Anumba, UK
11:40 - 11:55	The Role of Ultrasound in the Screening and Management of High-Risk Pregnancy for Preterm Labour	Dr. Mouza Al Salmani, Oman
11:55 - 12:15	The Ripple Effect of Preterm Birth on Neonatal Unit Functionality?	Dr. Hafis Ponnambath, UAE
12:15 - 12:40	How to Avoid Medical Litigation from Lawyer Perspective?	Mr. Zayed Al Shamsi, UAE
12:40 - 12:50	Panel Discussion	
12:50 - 13:15	Maternal Immunization During Pregnancy to Help Protect Infants from RSV Disease	Dr. Thikra Hassan, UAE
13:15 - 14:00	LUNCH BREAK Exhibition Visit & Networking	

SESSION 3		
SESSION CHAIRS: Dr. Tarek Ansari, UAE and Prof. Mohamed Kamal, Egypt		
14:00 - 14:20	Fetal Growth Restriction – Controversies in Diagnosis, Prevention, and Management	Prof. Dilly Anumba, UK
14:20 - 14:50	LMWH: To Give or Not to Give? (<i>Debate</i>)	Favour: Dr. Elsamawal El Hakim, UAE Against: Prof. Hassan Shehata, UK Moderator: Dr. Saleema Wani, UAE
14:50 - 15:05	What not to miss on Twin Pregnancy?	Dr. Mouza Al Salmani, Oman
15:05 - 15:20	Labouring with Ease: Advances in Pain Management	Dr. Tarek Ansari, UAE
15:20 - 15:35	First Trimester Scan: When and Why?	Prof. Mohamed Kamal, Egypt
15:35 - 15:45	Panel Discussion	
15:45 - 16:00	COFFEE BREAK Exhibition Visit & Networking Poster Viewing	

Conference Agenda

DAY 1 | Saturday, 17th January 2026

TIME	TOPIC	SPEAKERS
SESSION 4		
SESSION CHAIRS: Dr. Nageena Mahmood, UAE and Dr. Bashir Salih, UAE		
16:00 - 16:15	The Fourth Trimester: Pelvic Floor Physical Therapy for Postpartum Recovery	Dr. Melanie Carminati, USA
16:15 - 16:30	Challenges in Obstetrics Medicine	Dr. Nageena Mahmood, UAE
16:30 - 16:45	Unusual Case of Hypertension in Pregnancy	Dr. Bashir Salih, UAE
16:45 - 17:15	Should all Low-Risk Women Delivered at 39 weeks? <i>(Debate)</i>	Favour - Dr. Ziena Abdullah, UAE Against - Ms. Zarah Sadiq, UAE Moderator: Dr. Saleema Wani, UAE
17:15 - 17:25	Familial Müllerian and Ovarian Developmental Anomaly in a 16-Year-Old with Primary Amenorrhea: A Possible Genetic Component	Ms. Jude Maraka, UAE
17:25 - 17:35	How Deep Can Deep Infiltrating Endometriosis Get?	Dr. Reem Ahmed Bolbol, UAE
17:35 - 17:45	From Cesarean to Cerebral: A Postpartum Ischemic Stroke Case Suggestive of Moyamoya Syndrome	Dr. Lamis K Abufool, UAE
17:45 - 18:00	Q & A Session	
18:00	End of Day 1	

Conference Agenda

DAY 2 | Sunday, 18th January 2026

TIME	TOPIC	SPEAKERS
08:00 - 08:25	Registration	
08:25 - 08:30	Welcome and Introduction	Dr. Saad Aswad, UAE & Dr. Saleema Wani, UAE
SESSION 5		
SESSION CHAIRS: Dr. Ghada Salman, UAE and Prof. David Attalah, Lebanon		
08:30 - 08:50	Can we Prevent Fibroid and How to Manage?	Prof. Mohammed Abbas Khaled, KSA
08:50 - 09:10	Decoding Adnexal Masses: Exploring the Malignant Potential?	Dr. Ghada Salman, UAE
09:10 - 09:30	The Master Method: The Easy Six Step Surgical Excision of Deep Infiltrating Endometriosis	Dr. Zahid Khan, UAE
09:30 - 09:50	Role of Molecular Biology in Management of Female Genital cancers	Prof. David Attalah, Lebanon
09:50 - 10:10	AI & Its Role in Future of Gynaecological Imaging (Assistant or Pilot)	Dr. Ghada Salman, UAE
10:10 - 10:30	Obesity Pre-Pregnancy: What to Focus On	Dr. Sara Suliman, UAE
10:30 - 10:40	Panel Discussion	
10:40 - 10:50	COFFEE BREAK Exhibition Visit & Networking Poster Viewing	
10:50 - 11:15	Advancing Scar Management: From Prevention to Treatment	Dr. Saad Aswad, UAE

SESSION 6		
SESSION CHAIRS: Dr. Saleema Wani, UAE and Dr. Thikra Hassan, UAE		
11:15 - 11:35	Life Style and Fertility	Dr. Carol Coughlan, UAE
11:35 - 11:55	The Journey from Evidence Based Medicine to AI in O&G	Prof. Mohammed Abbas Khaled, KSA
11:55 - 12:15	Fertility Preservation in Pelvic Radiotherapy in Fertile Women	Prof. Muhieddine AF Seoud, Lebanon
12:15 - 12:35	Antibiotic Stewardship in Women's Health	Dr. Khlood Catroon, UAE
12:35 - 12:50	HPV and Genital Lesions: Does medical treatment really works?	Dr. Mathebele Ray Makwela, UAE
12:50 - 13:00	Panel Discussion	
13:00 - 14:00	LUNCH BREAK Exhibition Visit & Networking	

SESSION 7		SESSION 7: Emirates Obstetrics & Gynecology Society (EOGS)	
SESSION CHAIRS: Dr. Saad Aswad, UAE & Dr. Omaema Al-Baghdadi, UAE		SESSION CHAIR: Dr. Wael Hosni, UAE	
14:00 - 14:15	Uterine Sparing Surgery in Prolapse <i>Prof. Hassan Elbiss, UAE</i>	14:00 - 14:15	The Emirates Obstetrics & Gynecology Society: Collaboration, Education and Advancement in Women's Health <i>Shaikha Dr. Alia AlQassimi, UAE</i>
14:15 - 14:30	Menopause Breakthroughs: What is New in Hormone Health? <i>Dr. Rupinder Kaur Ruprai, UAE</i>	14:15 - 14:30	Empowering Women Through the EOGS Menopause Chapter <i>Dr. Khulood Al Awadi, UAE</i>
14:30 - 14:45	Impact of Contraception on Sexual Function: How to Choose the Best Method? <i>Dr. Kornelia Zareba, UAE</i>	14:30 - 14:45	Advancing Knowledge, Ethics and Excellence in Aesthetic Gynecology <i>Dr. Rashad Haddad, UAE</i>
14:45 - 15:00	Pregnancy Outcome after UAE <i>Dr. Jamal Aldeen Alkoteesh, UAE</i>	14:45 - 15:00	Postpartum Hemorrhage: Current Status from Guidelines to Mortality Reduction <i>Dr. Amel Almaeeni, UAE</i>
15:00 - 15:15	Giant Endometrial Polyp <i>Dr. Alya Ali Al Mansoori, UAE</i>		

Conference Agenda

DAY 2 | Sunday, 18th January 2026

TIME	TOPIC	SPEAKERS
SESSION 7 SESSION CHAIRS: Dr. Saad Aswad, UAE & Dr. Omaema Al-Baghdadi, UAE		SESSION 7: Emirates Obstetrics & Gynecology Society (EOGS) SESSION CHAIR: Dr. Wael Hosni, UAE
15:15 - 15:25	Cervical Ectopic Pregnancy: A Rare Case Managed Conservatively with Interventional Radiology and Methotrexate <i>Dr. Rand Jumaa, UAE</i>	15:00 - 15:15 Recurrent Miscarriages - Investigations & Latest Management <i>Dr. Aparna Gumma, UAE</i>
15:25 - 15:40	Panel Discussion	15:15 - 15:30 Obstetric Delivery and its Impact on the Short and Long-Term Health of Women and their Children <i>Dr. Laila Alhubaishi, UAE</i>
		15:30 - 15:45 Uterine Fibroids: Current Concepts in Diagnosis and Management <i>Dr. Ibrahim Abd Elrahman, UAE</i>
		15:45 - 16:00 vNotes Across Borders: Surgical Journey & A Practical Guide to Implementation <i>Dr. Wael Hosni, UAE</i>
15:40 - 16:00	COFFEE BREAK Exhibition Visit & Networking Poster Viewing	

SESSION 8: Oral Presentations SESSION CHAIRS: Dr. Kornelia Zareba, UAE and Dr. Saad Aswad, UAE		
16:00 - 16:10	Maternal Indications, Trends, and Fetal Outcomes of Instrument-Assisted Vaginal Deliveries in the United Arab Emirates	Mr. Chris Mathew Prince, UAE
16:10 - 16:20	Management of Exacerbation of Hidradenitis Suppurativa in the Third Trimester of Pregnancy	Dr. Irin Blessina Jesudoss, UAE
16:20 - 17:20	Resident Competition: TAWAM vs CORNICHE	TAWAM: Dr. Alya Ali Al Mansoori Dr. Rand Jumma Dr. Aleema Sameer CORNICHE: Dr. Meera Al Ali Dr. Reshme Rafiahamed Dr. Sowmyashree Nagendra
17:35	End of Conference	

Poster Presentations

POSTER NO.	ABSTRACT TITLE	PRESENTER NAME
4	Unveiling the Impact: How Obstetric Cholestasis and Elevated Bile Acids Influence Pregnancy Outcomes	Dr. Jijisha Ali
5	Depression Across the Menopausal Stages in the United Arab Emirates: Prevalence and Risk Factors	Dr. Saumyaa Vohra
6	A Retrospective Study on the Risk of Complications Among Women with Repeated Cesarean Sections (2021–2022) in a Tertiary Hospital in Dubai	Ms. Dania Mohammed
7	Mole or Not? The Great Hyperreactio Luteinalis Dilemma	Dr. Lamis K. Abufool
8	Floating Calcified Tissue in the Bladder: An Atypical Sequela of Placenta Percreta Post-Cesarean Hysterectomy	Dr. Aleema Sadafa Nellikunnu Sameer
9	A Clinical Conundrum: Hemorrhage vs Thrombosis – Management of Menorrhagia with Pulmonary Embolism	Dr. Aleema Sadafa Nellikunnu Sameer
10	Enhancing the Accuracy and Completeness of Menstrual and Obstetric History Documentation in the Gynecology Outpatient Department: A Clinical Quality Improvement Project at Tawam Hospital	Dr. Ali Mohamed Almheiri
11	Early HELLP Syndrome Developing Before 24 Weeks' Gestation	Dr. Mahra Mubarak Saif Al Farsi
12	Polycystic Ovary Syndrome (PCOS)	Mr. Omar Haj Mohammed
13	Patient Characteristics and Obstetric Outcomes of Successful Vaginal Birth After Cesarean Section: A Retrospective Study in a Tertiary Hospital in the United Arab Emirates	Ms. Adhya Miriam Tom
14	Uncovering the Determinants of Ectopic Pregnancy: A Case-Control Analysis in a Tertiary Care Setting	Ms. Adhya Miriam Tom
16	Hidden Gastric Malignancy Presenting as Bilateral Ovarian Mass in Pregnancy: A Krukenberg Tumor Case Report	Dr. Aasiya Beevi
17	Structural Distortion by a Para-Ovarian Cyst Causing Tubal Ectopic Pregnancy: A Rare Association	Dr. Fatima Usman
19	Does Pre-Operative Uterine Artery Embolization Improve Myomectomy Outcomes? A Systematic Review and Meta-Analysis	Ms. Arwa Mohamed Amer Ibrahim
20	Efficacy and Safety of Heat-Stable Carbetocin in the Prevention of Postpartum Hemorrhage in Low-and Middle-Income Countries: A Systematic Review and Meta-Analysis	Ms. Arwa Mohamed Amer Ibrahim
21	Factors Affecting Awareness of Pregnancy Screening for Group B Streptococcus Infection Among Women of Reproductive Age in the United Arab Emirates	Ms. Noor Abutobeh
23	Intraoperative Fluorescence Imaging for Tumor Margin Detection in Gynecologic Oncology: Enhancing Surgical Precision	Dr. Maysoon Azzam
24	Non-Invasive Ventilation in Pregnancy: A Systematic Review on the Impact of Treating Obstructive Sleep Apnea on Maternal–Fetal Outcomes	Dr. Mohammad Al-Hamas
25	Biologic Therapies for Severe Asthma and Other Indications During Pregnancy: A Systematic Review of Safety and Maternal–Fetal Outcomes	Dr. Mohammad Al-Hamas
26	Cervical Changes and HPV in the UAE: A KAP Study on Awareness and Attitudes Toward Prevention and Vaccination Among Women Aged 18–35	Ms. Yasmeen Mostafa
30	Inadvertent Pregnancy During Tirzepatide Therapy in Type 2 Diabetes Mellitus: A Case Report with Maternal and Neonatal Outcomes	Mr. Mohammed Tariq Mohammed Muse
31	Efficacy of Imaging Modalities for Non-Obstetric Abdominal Diseases in Pregnancy Requiring Surgical Intervention: A Retrospective Cohort Study	Ms. Shama Al Ghaithi
31	The Ovarian Red Herring: A Luteal Cyst Rupture Mimicking an Ectopic Pregnancy Presentation	Dr. Noel George Cherian
36	Non-invasive Prenatal Testing Before and After Universal Implementation in The United Arab Emirates: Uptake, Patient Characteristics, and Genetic Counseling Insights	Ms. Hind J. Almarri
37	Mental Health Challenges Associated with IVF Treatment: A Review of Current Evidence	Dr. Rita Al Khatib



20 Delegate Slots

BASIC COLPOSCOPY & CASE DISCUSSION



January 16, 2026 | 14:00 - 17:00



Dusit Thani Hotel, Abu Dhabi

This introductory workshop provides healthcare professionals with a solid foundation in colposcopy, covering key principles, techniques, and clinical applications for evaluating cervical abnormalities. Through focused theory and practical case-based discussions, participants will learn to recognize abnormal findings, apply standardized reporting, and make informed management decisions aligned with international guidelines.



WORKSHOP INSTRUCTOR

Dr. Saad Ghazal-Aswad

Senior Consultant Obstetrician & Gynaecologist/
Gynaecological Oncologist, Tawam Hospital, Al Ain, UAE

WORKSHOP INSTRUCTOR

Dr. Thikra Hassan

Consultant OB-GYN,
Division Chief Oncology-Obs and GYNO Clinic
Tawam Hospital, Al Ain, United Arab Emirates



TIME	TOPIC	SPEAKERS
14:00 – 14:10	Screening principle	Dr. Saad Ghazal-Aswad
14:10 – 14:20	Cervical Cytology, Histology and HPV Infection	Dr. Saad Ghazal-Aswad
14:20 – 15:00	Cervical Cancer Screening and Prevention in UAE	Dr. Thikra Hassan
15:00 – 15:30	Basic Colposcopic Principles, Appearances and Interpretation	Dr. Saad Ghazal-Aswad
15:30 – 15:45	COFFEE BREAK	
15:45 – 17:00	Case Discussion	
17:00	Closing	



20 Delegate Slots

UROLOGISTS & HEALTH PROFESSIONALS: FEMALE URINARY INCONTINENCE WORKSHOP



🕒 January 16, 2026 | 14:00 - 17:00 📍 Dusit Thani Hotel, Abu Dhabi

This hands-on workshop is designed for urologists and healthcare professionals who wish to deepen their expertise in diagnosing and managing female urinary incontinence. Through a combination of case-based learning and practical skills sessions, participants will gain both theoretical knowledge and hands-on experience in managing this common yet complex condition.



WORKSHOP INSTRUCTOR

Prof. Hassan Mohamed Elbiss

MD, MRCOG, FRCOG, CCT
Professor, Consultant Obstetrician,
Urogynaecologist and laparoscopic Surgeon
Department of Obstetrics and Gynaecology,
College of Medicine & Health Sciences, UAE

WORKSHOP INSTRUCTOR

Dr. Basirat Towobola

Consultant Obstetrician and Urogynecologist
Tawam Hospital, Al Ain UAE



TIME	TOPIC	SPEAKERS
14:00 – 14:20	Introduction and Patient Evaluation	Prof. Hassan Elbiss
14:20 – 14:40	Overview of Surgical Options & Guidelines	Dr. Basirat Towobola
15:00 – 15:30	Complications and Management	Prof. Hassan Elbiss
15:30 – 15:45	COFFEE BREAK	
15:45 – 16:00	Video Demonstration	
15:45 – 16:00	Hands on Training	
17:00	Closing	

20 Delegate Slots

PSYCHOSEXUAL MEDICINE BASIC & CASE DISCUSSION



🕒 January 16, 2026 | 14:00 - 17:00 📍 Dusit Thani Hotel, Abu Dhabi

This workshop offers a focused introduction to female sexuality, including key aspects of physiology, pathology, common conditions, diagnosis, and management. Participants will engage in standardized patient (SP)-based scenarios that emphasize history taking, differential diagnosis, appropriate investigations, and treatment planning.

Attendees will be divided into four groups and rotate through four stations, each featuring a different patient case. Each station provides an opportunity to discuss differential diagnoses, recommended investigations, and evidence-based management strategies in a practical, interactive setting.



WORKSHOP INSTRUCTOR

Dr. Kornelia Zareba

Assistant Professor, Department of Obstetrics and Gynecology at United Arab Emirates University, CMHS, UAE; Consultant Specialist in Obstetrics and Gynecology, Tawam Hospital, Al Ain, UAE

TIME	TOPIC	SPEAKER
14:00 – 14:20	Welcome and Pre-test	Dr. Kornelia Zareba
14:20 – 14:40	Introduction to Female Sexuality - Physiology and Pathology	
15:00 – 15:30	Most Common Sexual Dysfunctions - Diagnosis and Management	
15:30 – 15:45	COFFEE BREAK	
15:45 – 16:30	Team work on 4 Cases	
16:30 – 17:00	Brainstorm and Summary with Presentation of the Cases	
17:00	Closing	



20 Delegate Slots

INTRODUCTION TO THE COSMETIC GYNECOLOGY



🕒 January 16, 2026 | 14:00 - 17:00

📍 Dusit Thani Hotel, Abu Dhabi

This workshop provides an introduction to cosmetic gynecology, focusing on current techniques, indications, and patient-centered approaches.

Participants will gain practical insights into assessment, procedural options, and postoperative care, with emphasis on safety, ethics, and improving patient outcomes.



WORKSHOP INSTRUCTOR

Dr. Mustafa Aldam

MD, JBOG, Consultant Obstetrics and Gynaecology
President of Middle East Obstetrics and Gynaecology
Conference Dubai (MeGo Dubai); President of International
Association of Cosmetic Gynaecology
Healia Medical Center Dubai, UAE

TIME	TOPIC	SPEAKER
14:00 – 15:30	Introduction to Cosmetic Gynecology, focusing on current techniques, indications, & patient-centered approaches	Dr. Mustafa Aldam
15:30 – 15:45	COFFEE BREAK	
15:45 – 17:00	Introduction to Cosmetic Gynecology, focusing on current techniques, indications, & patient-centered approaches	
17:00	Closing	

Speakers' Biography



Dr. Bohaira El Geyoushi

DM FCoSRH CCT FRCOG,
Consultant Gynaecologist & Reproductive Medicine
American Hospital Dubai, UAE



Dr. Bohaira El Geyoushi is a Consultant Gynaecologist & Reproductive Medicine (IVF) at the American Hospital in Dubai. She has been in Dubai for over 11 years. Before that, she was an OBGYN consultant and IVF clinical lead at East Kent NHS Hospitals. Dr Bohaira is a Fellow of the RCOG and FSRH in London. She was awarded a Doctorate of Medicine from the University of Southampton on "Studies in Women's Reproductive Healthcare".

Dr. Bohaira's research has been widely published in peer-reviewed journals. In Dubai, she has organised more than six international conferences, workshops, and educational events focusing on fertility and women's health and established three IVF clinics in Dubai.

Dr. Bohaira's ethos is rooted in providing holistic, patient-centred, and personalised fertility care. She is a strong advocate for education, both for patients and healthcare professionals, ensuring that women are equipped with the knowledge to make informed decisions about their reproductive health.



Dr. Andrea Kalin Agten

Consultant Obstetrician,
Subspecialist in Maternal Fetal Medicine
Corniche Hospital, SEHA Abu Dhabi, UAE



Dr. Andrea Kaelin Agten is a Consultant in Obstetrics and Maternal Fetal Medicine at Corniche Hospital in Abu Dhabi, United Arab Emirates. Dr. Andrea has a special interest in placenta accreta spectrum imaging.

Her research interests are Caesarean Scar Pregnancy and Placenta accreta spectrum. She is the chief investigator of the international Caesarean scar pregnancy. Her clinical interests are invasive prenatal diagnosis and therapy, fetal pathology, fetal growth problems and multiple pregnancy. She has published more than 30 peer-reviewed articles and book chapters.

Speakers' Biography



Dr. Nahida Nayaz Ahmed

Consultant Psychiatrist, Chief Medical Officer
Sakina Mental Health & Well-being Services, UAE



Dr. Nahida Nayaz Ahmed, an American board-certified Consultant Psychiatrist, currently serving as the Chief Medical Officer at Sakina Mental Health & Well-being Services. Dr. Ahmed trained in Psychiatry residency from the Tufts University-affiliated St. Elizabeth Medical Centre and a Consultation-Liaison Psychiatry Fellowship from the Harvard University-affiliated Cambridge Health Alliance in Boston. Her commitment to advancing mental health care reforms in the UAE has positioned her at the forefront of numerous pioneering initiatives aimed at enhancing the sector. She has held key leadership roles such as Chair of the Behavioral Health Council at SEHA and Chair of the Mental Health Task Force at the Abu Dhabi Department of Health.

Her expertise is recognized globally as an International Associate of the Royal College of Psychiatry, UK and American Association of Physician Leadership (AAPL) Certified Physician Executive (CPE). Dr. Ahmed is an Adjunct Associate Professor at the UAE University's College of Medicine and Health Sciences and as an Associate Lecturer at Khalifa University. She has been instrumental in integrating mental health services within the Primary Health Network in the Emirate of Abu Dhabi. Her dedication is focused on improving access to care, empowering patients, facilitating functional recovery, and diminishing the stigma associated with mental illness in the region.



Prof. Hassan Shehata

Senior and Global Health Vice President
The Royal College of Obstetrician & Gynaecologist,
London, United Kingdom



Professor Hassan Shehata MD FRCOG FRCPI is the Senior and Global Health Vice President of the Royal College of Obstetricians and Gynaecologists. He is also a UK based Clinical Director and Professor of Obstetrics and Gynaecology and a subspecialist in Maternal Medicine. His NHS base is at Epsom and St. Helier University Hospitals. Professor Shehata is the Clinical Director of South West London Maternal Medicine Network, where he oversees complex medical conditions pre-pregnancy and during pregnancy in eight hospitals within south London and Surrey.

He achieved fellowship of both Royal Colleges of Obstetricians and Gynaecologists and Physicians of Ireland. He is also the Royal College of Obstetricians and Gynaecologists International Representative Council Member for the MENA Region.

Professor Shehata's research interests include recurrent miscarriages, obesity, diabetes, renal disease and obstetric cholestasis. He is widely published in prestigious international medical journals. His clinical interests include the investigation and treatment of recurrent miscarriage using the latest advances in investigations and treatment modalities. Professor Shehata runs one of the largest miscarriage and maternal medicine centres in the UK and is the founder and CEO of the Centre for Reproductive Immunology and Pregnancy.

Speakers' Biography



Dr. Saleema Wani

MD, MBBS, MRCOG, FRCOG, Conference Co-Chair
Deputy Chief Medical Officer & Chair of Academic
Senior Consultant Obstetrician & Gynecologist,
Corniche Hospital, SEHA, Abu Dhabi, UAE



Dr. Wani has over 28 years of extensive experience in Obstetrics and Gynaecology with her main area of interest in the management of high-risk pregnancy and medical disorders in pregnancy. Dr. Wani is the lead consultant for labour ward and training supervisor for interns, clinical attachment, residents and other junior physicians. In addition, she is also involved in teaching, developing guidelines and competencies.

In addition to her daily clinical responsibilities, Dr. Wani is involved in Root Cause Analysis, Case Reviews, helping junior doctors to prepare MRCOG theory & OSCE. She is also a JCIA champion for Assessment of Patients and supervises and chairs Perinatal Mortality & Morbidity monthly meetings. Dr. Wani has developed and established care pathway for External Cephalic Version in Breech presentation. She has developed the Orientation programme for new doctors, K2, CTG workshop and Competency besides introducing Obstetric Emergency drills with education department and clinical handover in labour ward and HDU using SBAR format.

Dr. Wani is a gold medalist for academic excellence in MBBS Distinction in General Surgery. She also received the highest marks in her MD course. She has received an RCOG appreciation award for organising pre-conference workshops and a certificate of appreciation for Best Tutor from the Family Medicine Residency programme.



Prof. Dilly Anumba

MBBS FWACS FRCOG MD LL.M (Medical Law)
Chair of Obstetrics and Gynaecology, University of Sheffield
Honorary Consultant Obstetrician/Gynaecologist,
Subspecialist in Maternal and Fetal Medicine,
Sheffield Teaching Hospitals, United Kingdom



Dilly Anumba is Professor of Obstetrics & Gynaecology at the University of Sheffield and Honorary Consultant Subspecialist in Maternal and Fetal Medicine at Sheffield Teaching Hospitals NHS Trust. He is also Honorary Professor of Obstetrics and Gynaecology at the University of Cape Town. He leads specialised Maternal and Fetal Medicine services focused on pregnancy screening, prenatal diagnosis, fetal therapy, and prematurity prevention. His research explores human birth physiology, reproductive immunology, placental dysfunction, preterm birth, and health equity.

Professor Anumba has developed innovative technologies for preterm birth screening and management, resulting in granted patents and a spin-out company. He co-leads the UK's Tommy's National Centre for Maternity Improvement, advancing decision support tools to reduce variations in care. He is a Key Researcher in the NIHR National Consortium on Maternity Disparities. He was awarded "NIHR Senior Investigator" status in 2025 in recognition of his research leadership. Professor Anumba has made substantial contributions to global health through leadership, collaboration, and capacity building, working with researchers in South Africa, India, Bangladesh, Nigeria, and Ghana to develop context-driven, scalable interventions to reduce preterm birth and improve adolescent health. Professor Anumba also contributes to international policy and professional development as a member of the FIGO Preterm Birth Committee, shaping global guidance on prematurity prevention and care.

Speakers' Biography



Dr. Mouza Al Salmani

MD FRCOG
Sr. Consultant in Obstetrics and Fetal Medicine
Royal Hospital, Muscat Oman



Dr. Mouza Al Salmani is a Senior Consultant in Obstetrics and Fetal Medicine and Head of the Fetal Medicine Unit at the Royal Hospital, Muscat. She previously served as Director of the Department of Obstetrics and Gynecology at the Royal Hospital from 2016 to August 2021. She earned her medical degree from Sultan Qaboos University in 1999 and completed her residency training in Obstetrics and Gynecology at the Royal Hospital. In 2006, she obtained her MRCOG from the Royal College of Obstetricians and Gynecologists (London). She later pursued advanced training in fetal medicine, completing a Diploma and Fellowship at the Harris Birthright Research Centre, King's College Hospital, London, in 2011, and was awarded the FRCOG in June 2019.

Dr. Mouza has played a pioneering role in advancing fetal medicine in Oman. She was the first to introduce therapeutic in-utero procedures in the country, including fetal blood transfusion and fetoscopy laser surgery. She has also contributed extensively to clinical research, with several publications focusing on high-risk pregnancies and fetal medicine. Her leadership extends to education and training. She has served as a senior clinical trainer at the Oman Medical Specialty Board (OMSB) and was the local organizer of the MRCOG examinations in Oman from 2012 to 2018. She is the founder and current chair of the Oman Society of Ultrasound in Obstetrics and Gynecology (OSUOG) and has been instrumental in organizing the annual national ultrasound workshops. Her contributions have earned wide recognition, including official commendations from the Royal Hospital (2015) and the Ministry of Health (2016) for outstanding performance. She is actively engaged in multiple hospital, national, and regional committees, including the National Maternal Morbidity and Mortality Committee and the Higher Medical Committee as a technical scientific expert for medico-legal investigations.

Internationally, Dr. Mouza is a fellow of the Royal College of Obstetricians and Gynecologists and a member of the International Society of Ultrasound in Obstetrics and Gynecology (ISUOG). She played a central role in bringing the ISUOG outreach training program to Oman (2017–2021) and, in 2023, was appointed ISUOG Ambassador to the Middle East as well as a member of the ISUOG Outreach Committee.



Dr. Hafis Ponnambath

Consultant Neonatologist
Corniche Hospital, Abu Dhabi, UAE



Dr. Hafis Ibrahim Ponnambath, a specialist in neonatology, combines clinical expertise with a special interest in neonatal cardiology. His commitment extends to clinical research, education, and ensuring medication safety in neonates. With a focus on infection prevention in NICU, Dr. Hafis contributes significantly to the well-being of preterm infants.

Speakers' Biography



Mr. Zayed Saeed Saif Saeed Al Shamsi

Head of the Lawyers' Committee
Emirates Association of Lawyers
and Legal Professionals, UAE



Zayed Al Shamsi holds a BA in Law and Police Sciences from the Dubai Police Academy (1990/1991). He began his legal career as Deputy Public Prosecutor in Dubai from 1992 to 1998, before founding his own firm, Zayed Al Shamsi Advocates and Legal Consultants, in 1998. He is a certified arbitrator and notary and served as the 2nd President of the World Jurist Association (WJA).

Zayed also works as a legal journalist and political analyst for major Arab news outlets and was awarded the Middle East Excellence Award for the 20 Leading Executives in 2020. He has extensive experience as an advocate and legal counsel in state courts and is an active member of numerous professional organizations, including the Gulf Lawyers Union UAE National Human Rights Institution, International Bar Association, Arab Lawyers Union and American Bar Association. He serves on the scientific councils of several universities and the Advisory Council of Dubai Courts, reflecting his commitment to legal education, arbitration, and human rights.



Dr. Elsamawal El Hakim

FRCOG, DRH, CCST, MSc, Clinical MD
Founder and Chairman, FertiClinic Group
Consultant, Reproductive Medicine & Infertility / CEO
FertiClinic Fertilization Centre LLC, UAE



Dr. Elsamawal El Hakim is a Founder and Chairman of FertiClinic Group one of the largest Fertility chains in the MENA Region. He is a highly skilled Consultant in Reproductive Medicine & IVF, He is a medical graduate with a Master's degree from the prestigious University of Bristol in the United Kingdom. Dr. Hakim is a Fellow of the Royal College of Obstetricians and Gynecologists, UK, and has completed a Fellowship CCR in Reproductive Medicine & Surgery from the same college. Dr. Hakim is an expert in male infertility, reproductive immunology, and recurrent implantation failure. He was involved in the development of various IVF protocols and contributed significantly to research in the field of Reproductive Medicine.

Speakers' Biography



Dr. Tarek Ahmed El Ansari

Acting Deputy Chief Medical Officer
Department of Anaesthesia & DCMO
Corniche Hospital, Abu Dhabi, UAE



Dr. Tarek Ahmed Bahgat El Ansari is a distinguished Anesthesiologist specializing in high-risk obstetrics. His skills include ultrasound-guided Neuraxial anesthesia, abdominal wall blocks, pain relief during labor, acute postoperative analgesia, and managing massive obstetric hemorrhage. Dr. El Ansari is an established professional in managing pain relief during labor and addressing complications such as massive obstetric hemorrhage. His skills contribute significantly to ensuring safe and comfortable experiences for patients undergoing various obstetric procedures.



Prof. Mohamed Kamal Etman

MD, PhD, APCA, RDMS, RDCS
Consultant Maternal Fetal Medicine
Prof. of Obstetrics and Gynecology,
Faculty of Medicine, Fayoum University - Egypt



Prof. Mohamed K. Etman is a consultant in fetal medicine and high-risk obstetric care, Professor of Obstetrics & Gynecology and Fetal Medicine at the Faculty of Medicine, Fayoum University, Egypt, Chair of the Egyptian Fetal Medicine Foundation, ISUOG Ambassador to the Middle East and North Africa, and leader of the ISUOG Outreach Program in Egypt, as well as CEO of Fetal Health Centers in Egypt, with specialties including first- and second-trimester fetal anomaly screening, aneuploidy screening, 3D and 4D ultrasound, fetal growth restriction, and preeclampsia.



Dr. Melanie Lynn Carminati

PT, DPT, GTS, NCPT
Doctor of Physical Therapy, Owner & Founder
Inspira Physical Therapy & Pilates, USA



Dr. Melanie Carminati is a highly specialized orthopedic and pelvic health physical therapist and the founder of Inspira Physical Therapy & Pilates (est. 2018) in Midtown Manhattan and Park Slope, Brooklyn, where she and her team provide orthopedic and pelvic floor physical therapy with particular expertise in caring for prenatal and postpartum women and individuals with endometriosis, chronic pain, and Hypermobility Spectrum Disorders (HSD) and EDS; she has presented at international congresses including the Society of Endometriosis and Uterine Disorders (SEUD), serves as the U.S. Ambassador for Women's Health for Winback, and is also the founder of Inspira Integration®, which organizes accredited medical conferences and patient symposiums in NYC, including the annual Pelvic Health Conference NYC and Endometriosis Symposium NYC held each March.

Speakers' Biography



Dr. Nageena Mahmood

Consultant Physician
Department of Obstetric Medicine - CMO
Corniche Hospital, Abu Dhabi, UAE



Dr. Nageena Mahmood, a distinguished specialist in Medicine, specializing in Obstetric Medicine. With a comprehensive approach to women's health, Dr. Mahmood ensures the well-being of expectant mothers facing various medical challenges during pregnancy. Her expertise lies in navigating the intricate intersection of medicine and obstetrics, addressing a spectrum of medical complications with precision and care. Her commitment to Obstetric Medicine defines a standard of excellence in managing the unique healthcare needs of pregnant women.



Dr. Bashir Taha Salih

Emeritus Chair of Obstetric Medicine Department,
Consultant, Corniche Hospital,
Abu Dhabi, UAE



Dr. Bashir Salih, born in Sudan, obtained his MD (Facharzt) in Internal Medicine from Germany and served as a Consultant Physician in teaching hospitals in Khartoum before relocating to Abu Dhabi, where he joined Al Jazeera and Central Hospitals. In March 1994, he was appointed Consultant and Chair of the Obstetric Medicine Department at Corniche Hospital, where—following specialized training in the UK under Prof. Michael de Swiet—he established the first Obstetric Medicine Unit in the Middle East.

He provides comprehensive care for women with medical conditions before, during, and after pregnancy through multidisciplinary clinics in cardiology, hematology, neurology, and respiratory medicine, in collaboration with specialists from Sheikh Khalifa Medical City and Cleveland Clinic Abu Dhabi, and has developed extensive expertise in managing medical complications of pregnancy, particularly diabetes and endocrine disorders.

Dr. Salih is a long-standing member of the scientific committee and a regular speaker at the Arab Health Obstetrics & Gynecology Conference (Maternal Track), as well as a frequent speaker at national and international conferences across the Gulf and Middle East. He has served as the Middle East Representative of the International Society of Obstetric Medicine (ISOM) since November 2003 and is a member of several national and international societies. His contributions have been widely recognized, including the Ibn Sina Award from the American Association of Clinical Endocrinologists (Gulf Chapter) in October 2017, the Fellowship of the RCOG (UK) in April 2012, and RCOG recognition in 2010 of Corniche Hospital as the first and only ATSM Obstetric Medicine training unit outside the UK; he is also the past president of the Sudan Diabetes Association (SUDA) Gulf Chapter.

Speakers' Biography



Dr. Ziena Abdullah

Consultant Obstetrician and Gynecologist
Tawam Hospital, Al Ain UAE



Dr. Zeina Abdullah, Consultant Obstetrician and Gynecologist, and a qualified laparoscopic surgeon. Within her practice, she focuses on complex cases, such as recurrent miscarriages, and strives to ensure patient safety and quality of care.



Ms. Zarah Sadiq

Clinical Education Department Manager
SEHA Corniche Hospital
Abu Dhabi, UAE



As the Clinical Education Department Manager at Corniche hospital, Zarah is an experienced healthcare professional with over 15 years of clinical experience as a UK qualified midwife. Zarah earned her midwifery degree from a prestigious university in the United Kingdom and has since worked in a variety of clinical settings, including maternity wards, antenatal clinics, and in the community setting. In her current role as Education Department Manager, Zarah is responsible for developing and delivering clinical education programs that ensure the highest standards of patient care. Zarah is a strong advocate for the use of simulation-based training to improve clinical skills and decision-making among healthcare professionals. Zarah is a NRP, BLS, ACLS and PROMPT instructor.



Dr. Rupinder Kaur Ruprai

MD, Assoc-RCOG, F.MAS, D.MIS,
D. Repr Med, F, RegenMed, MBA(HCS)
Specialist Ob-Gyn and Integrative Gynecologist
HealthBay Clinics, Dubai, UAE



Dr. Ruprai has over 22 years' experience providing functional, endoscopic, laparoscopic, reproductive and aesthetic gynecological treatments. Her holistic approach is very popular with patients and extends to anti-aging medicine that incorporates hormonal balance control, nutrition, optimal health and well-being. She has many publications to her credit and is on the editorial board of International Medical Journals.

Dr. Ruprai further advanced her training from reputed institutes in Germany, France, Malaysia and the USA and has taken specialized training (certified by European and American Board) in advanced cosmetic gynecological procedures and functional gynecology. She is one of the pioneers of Cosmetic Gynecology in UAE and India and has been chosen to be elected to the General Assembly of the globally endorsed list of Top Cosmetic Gynecologists. She is also an internationally renowned faculty at various scientific conferences, meetings and has served as an Associate Professor at University level for Under and post-graduate studies.

Speakers' Biography



Dr. Ghada Salman

MBChB, MSc, FRCOG
 Consultant Gynaecologist
 University College London Hospital,
 United Kingdom



Dr. Ghada Salman is a consultant Gynaecologist with main interests and special skills in ambulatory gynaecology, minimal invasive surgery, early pregnancy and gynaecological imaging. Following completion of training in North West Thames London including registrar posts at Queen Charlotte's, Chelsea and Westminster, Queen Elizabeth II and Hillingdon hospitals, she was appointed as a Consultant Gynaecologist at University College London Hospitals in 2011. Subsequently she completed a Master degree (MSc) in the Ultrasound of Gynaecology and Early Pregnancy at Kings College, London in 2013 and was awarded Fellowship of the Royal College of Obstetricians and Gynaecologists in 2017.

Dr. Ghada Salman regularly manages a wide range of benign gynaecological conditions including menstrual disorders, fibroids, pelvic pain and ovarian cysts. She also performs various open, laparoscopic and hysteroscopic surgical procedures including out-patient procedures such as hysteroscopy and treatment of miscarriages. Dr. Ghada Salman is highly skilled at performing Gynaecology and Early Pregnancy ultrasound scans including 3D scans for endometrial pathology, fibroid mapping, adenomyosis, urogynaecology and ovarian tumours. She also has special skills in fertility scans including follicular tracking, uterine anomalies and tubal patency test (HyCoSy) using 3D technology.

Dr. Ghada Salman is an active committee member of the British Society for Gynaecological Imaging (BSGI) and has published and presented her work on early pregnancy, gynaecology ultrasound and endoscopic gynaecology both nationally and internationally. She is also the author of numerous scientific chapters in this field.



Dr. Zahid Khan

Consultant Obstetrician & Gynecologist,
 Danat Al Emarat Hospital, UAE



Dr. Zahid Khan is a Consultant Gynaecologist and Advanced Minimally Invasive Gynaecological Surgeon at Danat Al Emarat Hospital for Women & Children in Abu Dhabi. He is one of only four recognised Master Surgeons in the UAE and the only British Board-accredited advanced laparoscopic endometriosis surgeon in the country. His multidisciplinary Endometriosis Centre is internationally regarded and is one of the region's SRC-accredited Centres of Excellence.

Dr. Khan specializes in complex laparoscopic surgery including deep endometriosis excision, advanced adhesiolysis, ureterolysis, fertility-preserving surgery and hysteroscopic interventions. He is the clinical lead for bringing Ovarian Tissue Cryopreservation (OTC) to the Middle East—an initiative in partnership with ProFaM Health and Abu Dhabi BioBank, establishing the region's first dedicated hormonal restoration program.

Alongside his surgical work, Dr. Khan is the Founder and CEO of My Anna Health, an AI-driven platform advancing women's health, and is deeply involved in research, global collaborations, and innovation in reproductive medicine. He is a sought-after speaker known for combining surgical expertise, technology, and women-centred care to improve outcomes across the region.

Speakers' Biography



Prof. David Attalah

Gynecologic Oncologist & Breast Surgeon
 Department of Obstetrics and Gynecology a Hotel-Dieu de France University Hospital
 Associate professor at Saint Joseph University,
 Beirut, Lebanon



Dr. David Atallah is a gynecologic oncologist and breast surgeon in the Department of obstetrics and Gynecology at Hotel-Dieu de France University Hospital. Moreover, he is also an associate professor at Saint Joseph University in Beirut. Dr. Atallah has served at many hospitals, including St. Joseph University Medical School, Hotel Dieu de France University Hospital, and Salpetriere University Hospital, where he completed coursework and residencies.

After completing his fellowship at the Institut Gustave Roussy, a comprehensive cancer center in Villejuif, France, Dr. David Atallah has more than 15 years of professional expertise in the disciplines of gynecologic oncology and breast cancer. He received a fellowship from the European Society of Surgical Oncology in 2000. He holds diplomas and fellowships in clinical cancer research, visceral surgery, vaginal surgery, breast cancer, reconstructive surgery, surgical oncology, urodynamics, colposcopy, and cervicovaginal pathology, as well as urogynecology and pelvic floor dysfunction. He is a doctor with a license to practice medicine in the US, Lebanon, and France.

Dr. Atallah has been a spokesperson of the Board of the Lebanese Medical Journal in Beirut since 2007. Also, he is regularly contacted for reviewing articles in the International Journal of Gynecology and Obstetrics, the Annals of Surgical Oncology, and Trials. He has nearly 20 years of professional excellence in his field. He worked as an anatomy instructor at the Lebanese University School of Physiotherapy and the Salpetriere University School of Nursing earlier in his career. In addition, he has served as vice president of the Lebanese Gynecologic Oncologic Group since 2014. MEMAGO and PARSGO have his presence as a founder member and he serves on their boards.



Dr. Carol Conghlam

FRCOG, FRCPI, MD
 Medical Director
 ART Fertility Dubai, UAE



Dr. Carol Coughlan is an RCOG accredited subspecialist in Reproductive Medicine and Surgery. Dr Coughlan graduated with honours from University College Cork , Ireland in 1997. She was awarded Doctor of Medicine (MD) in July 2013 from the University of Sheffield, UK. Her MD thesis focused on recurrent implantation failure and recurrent miscarriage resulting in many publications and presentations both nationally and internationally.

She has an interest in fertility preservation particularly for oncology reasons and prior to relocating to the UAE held the position of Clinical Director, Rotunda/IVF, the National Oncofertility Centre at Rotunda Hospital, Dublin, Ireland.

Speakers' Biography



Dr. Sara G.I. Suliman

MBBS, FRCP, CCST (General Medicine, Diabetes and Endocrinology), DPhil (Oxon), EASO National Clinical Fellow, SCOPE International Fellow; Consultant Endocrinologist, Diabetologist and Bariatric Physician Imperial College London Diabetes Centre, Abu Dhabi, UAE



Dr. Sara received her specialist clinical and research training at the world-renowned Oxford Centre for Diabetes, Endocrinology and Metabolism. The training included tertiary care endocrinology for the treatment of complex cases with ovarian, pituitary, adrenal, pancreatic, thyroid and parathyroid disorders and hypertension. Her career has been shaped by her interest in genetic endocrine disorders (particularly in diabetes and obesity), physiology, insulin resistance and obesity. She was awarded a prestigious Diabetes-UK Clinical Research Training Fellowship culminating in a DPhil (PhD) from Oxford University. Dr. Suliman has authored several papers, and presented her research at major international conferences. She contributed to the Oxford Handbook for Diabetes and Endocrinology and is a reviewer for leading medical journals. She has also been a founding member of the Imperial Diabetes Educator course since 2013, and a key member of the ICLDEC MRCP Exam Preparation course run by ICLDEC. She is an Honorary Senior Lecturer at Imperial College London, UK.

Dr. Suliman leads the genetic service at ICLDEC, focusing mainly on the genetics of diabetes and endocrine disease. She is also a member of the bariatric team, who treats the whole spectrum of obesity, ranging from lifestyle measures to medication and/or surgery. She is a member of the ICLDEC App development team and was the physician responsible for reviewing the content in patient information leaflets. She also leads the Bariatric Service at ICLDEC (which is recognised as a Centre of Excellence by the European Association for the Study of Obesity), which provides a whole spectrum of management options for obesity, ranging from lifestyle measures to medication and/or surgery (pre- and post-operative care) as part of the Joint Centre for Bariatric and Metabolic surgery, in collaboration with Healthpoint, a Mubadala Health Partner.

Dr. Suliman is part of a team of endocrinologists selected by the Emirates Diabetes and Endocrinology Society to update the National Guidelines for management of type-2 diabetes (2020). She is also joint UAE representative in the World Obesity Federation: Gulf & Lebanon Recommendations Experts Group - made up of obesity and policy professionals - to guide the writing, development and dissemination of regional recommendations for the prevention, treatment and management of obesity. In 2021, Dr. Sara Suliman was recognised as an EASO National Clinical Fellow by the European Association for the Study of Obesity (EASO).



Prof. Mohammed Abbas Khaled

MBBS, PhD, FRCOG
Consultant, King Abdulaziz Medical City,
Jeddah, Saudi Arabia



Prof. Khaled, professor and senior consultant in OBGYN for more than 30 years. Well, known for his work in the RCOG for around 20 years and help different offices. Clinical experience in various aspects of OBGYN. Published many books and has a list of publications and research activities.

Speakers' Biography



Prof. Muhieddine AF Seoud

MD, FACOG, FACS
 Professor of Obstetrics and Gynecology,
 Gynecologic Oncology American University of Beirut Medical Center,
 Beirut, Lebanon



Prof. Seoud is currently a professor of Obstetrics and Gynecology and Gynecologic Oncology at the American University of Beirut Medical Center in Lebanon, a consultant and ex-chairperson of the department of Obstetrics and Gynecology at SSMC in Abu Dhabi and an adjunct professor in the Khalifa University in Abu Dhabi. He is American and Arab Board Certified. He is a member of numerous international and regional scientific societies. He has published over 140 original peer-reviewed original manuscripts, and was invited to present in around 450 scientific meetings around the world. He has organized numerous international, regional and local scientific meetings and workshops.

Prof. Seoud's research has focused on the molecular biology of molar pregnancy (and the discovery of the causative inflammatory NLRP7 gene), the effect of tamoxifen on the endometrium and ovaries, the use of chemotherapy and radiotherapy in cervical cancer, the incidence of HPV and HPV related diseases and vaccination in the MENA region, the surgical approach to ovarian cancer including aggressive upper abdominal surgery and HIPEC, the surgical management of the adherent placenta and myomectomies during C/Sections among many others. He is the co-editor of the Lebanese Medical Journal a reviewer of many scientific journals.



Dr. Khlood Catroon

Senior Clinical Pharmacist
 Corniche Hospital, SEHA Abu Dhabi, UAE



Dr. Khlood Mustafa Catroon is a senior clinical pharmacist at Corniche Hospital, the premier maternity hospital in Abu Dhabi, who obtained her B.Sc. and M.Sc. in Pharmacy from the College of Pharmacy at Baghdad University in 1990 and 1997, is SIDP- and ASHP-certified in Emergency Medicine and pharmacogenomics, has over 12 years of experience as an assistant teacher at the College of Pharmacy in Baghdad, joined Corniche Hospital in 2008, and has since been actively involved in research, quality improvement projects, audits, and medication safety initiatives at both hospital and SEHA levels, serving as Co-Chair of the Corniche Antimicrobial Stewardship Program and the hospital Pharmacy & Therapeutics Committee, earning multiple recognitions including the SEHA Silver Award for a neonatal medication safety QIP, IHSAN Award shortlisting, SEHA Allied Health Excellence and Audit Awards, and the 2025 SEHA Patient Safety Award, while also contributing as a committee member at Corniche and SEHA levels, leading ASP educational programs, co-authoring several publications, and participating as a scientific committee member and speaker at numerous national and international conferences.

Speakers' Biography



Dr. Mathebele Ray Makwela

Consultant Gynecological Oncologist
Sheikh Shakbout Medical City, Abu Dhabi UAE



Dr. Makwela has over 15 years of experience in the field, with a special interest in minimally invasive surgery. He has extensive expertise in managing patients with gynaecological cancers, having worked at renowned hospitals in South Africa and the UAE.



Prof. Hassan Mohamed Elbiss

MD, MRCOG, FRCOG, CCT
Professor, Consultant Obstetrician,
Urogynaecologist and laparoscopic Surgeon
Department of Obstetrics and Gynaecology,
College of Medicine & Health Sciences, UAE



Prof. Hassan Mohamed Elbiss, MD, MRCOG, FRCOG, CCT, is a Professor and Consultant Obstetrician, Urogynaecologist, and Laparoscopic Surgeon in the Department of Obstetrics and Gynaecology at the College of Medicine & Health Sciences, United Arab Emirates University, a Fellow of the Royal College of Obstetricians and Gynaecologists (London, UK), holder of a UK Certificate of Completion of Training (CCT) with Advanced Training Special Module Skills (ATSMs) in Urogynaecology and Laparoscopic Surgery, and a former Clinical Research Fellow in Urogynaecology in the UK, with a strong research and clinical focus on urogynaecology and laparoscopy, numerous publications in international Medline-indexed journals, and extensive national and international conference presentations.



Prof. Mostafa Metwally

Honorary Chair, University of Sheffield, UK
Consultant, Reproductive Medicine and Surgery
Tawam Hospital, Al Ain, UAE



Prof. Metwally is a Consultant and RCOG accredited Subspecialist in Reproductive Medicine and Surgery in Tawam Hospital in Abu Dhabi and Honorary Professor at the School of Health Related Research, The University of Sheffield, UK. He was many years consultant Reproductive Medicine and surgery at Sheffield Teaching Hospitals in the UK and before that at Ninewells Hospital in Dundee, Scotland. He is a renowned expert in the field of Infertility and Reproductive surgery and is a key leader in the field in the UK and Internationally. He is the former Chairman of the British Fertility Society Training and Education Committee and the former Vice Chairman of the Royal College of Obstetrician Scientific Advisory Committee. He has an international reputation in infertility research and continues to lead a large national research team in the UK. He is widely published in the field with numerous papers and books and his research has been cited over 2678 times in the literature

Speakers' Biography



Dr. Kornelia Zareba

Assistant Professor, Department of Obstetrics and Gynecology at UAE University, CMHS, UAE
 Consultant Specialist in Obstetrics and Gynecology, Tawam Hospital, Al Ain, UAE



Doctor Kornelia Zareba is an assistant professor in the Department of Obstetrics and Gynecology at United Arab Emirates University, CMHS, UAE, and a consultant specialist in Obstetrics and Gynecology at Tawam Hospital, Al Ain, UAE. She is also a specialist in Endocrinology and Sexual Health. She obtained a PhD in 2017 (Center of Postgraduate Medical Education in Warsaw, Poland) and a habilitation degree in 2023 (Poznan University of Medical Science, Poland).

The doctor held various academic positions since 2013. During her tenure, she published many articles and book chapters and presented her research findings at national and international conferences. Her research network extends from Poland, France, Italy, and Germany to the USA. She serves as the academic editor and reviewer in numerous medical journals. The major field of her scientific work encompasses the endocrine and psychological mechanisms of sexuality and the psychosocial aspects of pregnancy with particular attention paid to pregnancy termination with the highest number of papers worldwide on this topic.



Dr. Jamal Aldeen Alkoteesh

Chairman, Clinical Imaging & Chief of Interventional Radiology Tawam Hospital
 Professor, Interventional Radiology
 UAE University College of Medicine and Health Science, UAE



Dr. Alkoteesh is a pioneer interventional radiologist with expertise in providing unique IR services that made Tawam hospital /SEHA the hub and referral center in the UAE and GCC. He is one of the founders of the IR services in UAE since 2007, and the first DOH licensed Interventional Radiologist in Abu Dhabi and the God Father of Interventional Radiology in Abu Dhabi Emirates. His wealth of knowledge and rare skills in applying advanced IR techniques by performing over 65,000 procedures in the span of his 16 years of SEHA journey are exemplary of dedication and commitment.

To mention few of IR clinical sophisticated procedures are TIPS, acute stroke interventions; penile venous leak embolization; prostate artery embolization, Complex Arterial and venous interventions, Uterine arteries embolization procedures to treat Fibroids and post-Partum Bleeding. Dr. Alkoteesh joined the SKMC Abu Dhabi as the Chief of Interventional Radiology in 2007, then moved to Al Ain City in 2010 in order to establish the first Interventional Radiology service at Al Ain Hospital in support of the clinical needs of Al Ain Community. He also was able to build one of the busiest Interventional Radiology unit in the region as well as establishing the first radiology residency-training program to train junior Emiratis doctors to become the future radiologists as well as appointed as the chair of radiology department.

Speakers' Biography



Dr. Saad Ghazal-Aswad

Senior Consultant Obstetrician & Gynaecologist/
Gynaecological Oncologist,
Tawam Hospital, Al Ain, UAE



Dr. Aswad, MD, DFFP, FRCOG, PhD, FFPH, is a graduate of Aleppo University (Doctor of Medicine, 1980) who completed his postgraduate training in the United Kingdom in general surgery, urology, and subsequently obstetrics and gynaecology, earning his MRCOG in 1988, followed by advanced training in gynaecological oncology at the Gynaecological Oncology Unit, Queen Elizabeth Hospital, Gateshead—the largest female cancer unit in the UK—between 1989 and 1993, during which he also attained his PhD from the University of Newcastle, later serving as a lecturer at the same university and holding consultant posts within NHS Trusts in North East England until 1998.

After moving to the United Arab Emirates, Dr. Aswad was appointed Associate Professor at the College of Medicine & Health Sciences and Consultant at Tawam Hospital, where he served in senior leadership roles including Chair of Department, was awarded the Fellowship of the Royal College of Obstetricians and Gynaecologists (FRCOG) and Fellow of the Faculty of Public Health (FFPH, RCP UK), and later held positions as Medical Director at Ain Al-Khaleej Hospital and Consultant and Chair at Tawam Hospital, before transitioning in October 2020 to part-time roles as Consultant Obstetrics & Gynaecology and Gynaecological Oncology and Medical Director at Levantine Medical Center, Al Ain, while continuing as a part-time Consultant at Tawam Hospital and Adjunct Professor at CMHS, UAE University, alongside numerous additional certifications and prestigious awards recognizing his outstanding contributions to clinical care, medical education, and public health in the UAE and the wider region.



Dr. Thikra Hassan

MD, MRCOG, FRCOG, CCT, Consultant OB-GYN,
Division Chief Oncology-Obs and GYNO Clinic
Tawam Hospital, Al Ain, United Arab Emirates



Dr. Thikra Hassan, graduated from college of medicine in Baghdad University ranked the first among 375 graduates. She had her training in Iraq, Baghdad. Then her medical city then in Qatar Hamad medical corporation, had her degree Arab board in obs and gyn on 2002, moved to Tawam Hospital /obs and gyn department/ gyne oncology division on 2006 up to date.

Non-faculty member in UAE university, College of medicine Had many publications about gynaecological malignancies Active member in HAAD cancer task force in cervical cancer prevention programs in Abu Dhabi, received many awards from HAAD as recognition for her rule in cancer prevention programs in UAE.

Speakers' Biography



Shaikha Dr. Alia AlQassimi

MBBch , Msc HCM RCSI
Specialist Aesthetic & Functional Gynecology
President of Emirates Gynecology &
Obstetrics Society (EGOS), UAE



Dr. AlQassimi is the first Emirati specialized in Aesthetic & Functional Gynecology. She was the first ObGyn to introduce innovative procedures to the UAE. She was the first Emirati senior member of the European Society of Aesthetic Gynaecology. Dr. AlQassimi is the General Secretary of the Emirates Medical Association Board of Directors, and has been elected President of the Emirates Gynecology & Obstetrics Society. Dr. AlQassimi has served in the public healthcare sector for more than 25 years. She earned a Master's in Healthcare Management from Royal College of Surgeons in Ireland and has been part of the transition team that led the reform of the healthcare sector from the Department of Health and Medical Services to Dubai Health Authority (2006–2008). Known for developing evidence-based care protocols and mentoring Ob/Gyn resident doctors, Dr. AlQassimi led the Obstetrics & Gynecology Emergency Development Project in Latifa Hospital, which shortly earned JCI accreditation before she moved to the private sector.

Shk. Dr. AlQassimi is a KOL in her medical field and a social development expert. She led a crucial team that designed the Dubai Disability Strategy 2020, reported to the Higher Committee for the Protection of Rights for People with Disabilities, and was among the UAE official delegation to the UN CRPD with active participation in the conference.



Dr. Khulood Al Awadi

Consultant Sexual and Reproductive Healthcare
Danat Al Emarat Hospital, UAE



Dr. Khulood AlAwadi is the International Representative of the College of Sexual and Reproductive Healthcare (CoSRH), UK, a Consultant and Fellow of CoSRH, Head of Scientific Affairs at the Emirates Obstetrics & Gynaecology Society, and President of its Menopause Chapter, and as the first Emirati to achieve a Certificate of Completion of Training with full CoSRH membership and Fellowship, she has played a pioneering role in advancing sexual and reproductive health (SRH) training in the UAE and Gulf region, including integrating SRH into the Professional Qualification Requirements of the Department of Health–Abu Dhabi and the Dubai Health Authority.

She holds an Advanced Fellowship Certificate in Early Pregnancy and Acute Gynaecology from the RCOG and an Advanced Certificate in Menopause Care from CoSRH, introduced Sexual Assault Management pathways in leading Abu Dhabi hospitals, led the first Diploma CoSRH–awarded training outside the UK, and from 2025 serves as Core Principal Trainer for CoSRH Menopause Certificates, while receiving multiple recognitions including the UAE University Excellence in Teaching Award and continuing to lead women's health awareness, menopause education, SRH training initiatives across the Middle East, as well as a multicentre UAE study on Primary Ovarian Insufficiency.

Speakers' Biography



Dr. Rashad G. Haddad

Senior Consultant Obstetrics & Gynecology
Dubai London Hospital, UAE



Dr. Rashad G. Haddad is a French board-certified Obstetrician and Gynecologist and a globally recognized leader in regenerative and aesthetic gynecology, currently based in Dubai, who began his medical career in the academic hospitals of Paris, progressed to Associate Professor, and is a distinguished member of the French College of Obstetricians and Gynecologists, as well as President and Co-founder of the World Academy of Regenerative & Aesthetic Gynecology (WARAG – Europe) and the American Urology & Gynecology Society (AUGSociety – USA), through which he has pioneered advanced education and trained more than 500 specialists worldwide.

A highly sought-after keynote speaker and international faculty expert, Dr. Haddad serves as President of the 2nd and 3rd Global AUG Conferences (2025 and 2026), is a Scientific Committee Member of MEIDAM Conference 2025, and regularly contributes to leading global congresses including AGAS, ESAG, ESSM, AAAM, and the South American Conference of Aesthetic Gynecology, while also being a recognized authority in female sexual health and dysfunction, integrating regenerative medicine and functional innovation to enhance women's wellness and quality of life across Europe, the Middle East, Australia, Asia, Africa, Russia, and the Americas.



Dr. Amel Almaeeni

CMO, Consultant Obstetrician and Gynecologist
Fujairah Hospital, Emirates Health Services (EHS), UAE



Dr. Amel Ibrahim Almaeeni is a distinguished Consultant Obstetrician and Gynecologist and Chief Medical Officer of Fujairah Hospital under Emirates Health Services (EHS), UAE, currently serving as Head of the Department of Obstetrics & Gynecology and Chairperson of the Central OBGYN Committee across EHS, where she plays a pivotal role in shaping national strategies for maternal and women's health services, while holding Fellowship of the American College of Surgeons (ACS), a Master's degree in Healthcare Management, and diplomas in Genetic Counseling and Leadership and Strategic Management.

In addition to her executive and clinical leadership, Dr. Almaeeni is an Associate Professor at RAK Medical & Health Sciences University and a recognized national and international speaker, with clinical and academic interests spanning high-risk obstetrics, maternal–fetal medicine, reproductive health, and cosmetic and aesthetic gynecology, and she remains deeply engaged in clinical governance, quality improvement, MPDSR initiatives, and the integration of innovation and advanced technologies into obstetric and gynecologic practice, driven by a strong commitment to excellence, patient safety, and advancing women's healthcare in line with international best practices.

Speakers' Biography



Dr. Laila Alhubaishi

Consultant Obstetrics and Gynecology
 Director of Dubai Residency Training Program and
 Chairperson of Obs & Gyne Scientific of Emirati Board
 Latifa Hospital - Dubai Health, UAE



Dr. Laila Al Hubaishi is a UAE Consultant in Obstetrics and Gynecology with subspecialty training in urogynecology, pelvic reconstructive surgery, and minimally invasive surgery from Germany, a German Board-certified and UAE-trained senior consultant currently practicing at Latifa Women & Children Hospital under Dubai Health, where she also serves as Director of the Dubai Residency Training Program in Obstetrics & Gynecology, Lead of Obstetrics Academic Affairs, and Assistant Professor of Obstetrics & Gynecology at UAE University, bringing nearly two decades of extensive clinical experience since 2004 across hospitals in the UAE and Germany, including obtaining her Facharzt in Munich in 2017.

A nationally recognized medical leader, Dr. Al Hubaishi received the 2023 Health Award for Distinguished Obstetrics and Gynecology Physician in the Specialist Category under the patronage of H.E. Sheikh Nahyan Mubarak Al Nahyan, and she currently serves as a member of the General Medical Committee and Chairperson of the National Institute for Health Specialties in Obstetrics & Gynecology, leading the establishment of the first independent Emirati Board with international standards; she has performed a wide range of advanced gynecologic, endoscopic, urogynecologic, and obstetric surgeries, holds a Diploma in Obstetric & Gynecologic Ultrasound and a Certificate in Psychosomatic Primary Care from University Hospital Freiburg, is an active examiner and frequent speaker at national and international conferences, and is a published researcher with pioneering regional publications on pregnancy after bariatric surgery and pregnancy during the COVID-19 pandemic, widely respected for her clinical excellence, calm leadership, and ability to foster high-performing healthcare teams in complex and critical care environments.



Dr. Aparna Gumma

MBBS, MD, DNB, CCT(UK), FRCOG, PGCE, FRCP
 Consultant Obstetrician and Gynaecologist
 Mediclinic, Dubai UAE



Specialising in high-risk pregnancies and advanced laparoscopic techniques, Dr Aparna Devi Gumma, female gynaecologist in Dubai, is one of the most trusted partners in women's health. With over 28 years of expertise as an Ob-Gyn and Advanced Gynecologic Laparoscopic Surgeon. Dr. Aparna Gumma has held prestigious positions in the UK, including Maternal Medicine Lead and Clinical Director for medical education. She is also known as the celebrity gynaecologist in Dubai.

Speakers' Biography



Dr. Ibrahim Abd Elrahman

BSc (Hons), MB BCH, LRCP&SI, BSCCP, FRCOG, CCST (Obs/Gyn)
Consultant Gynaecologist and Advanced Laparoscopic Surgeon
King's College Hospital London, Dubai, UAE



Dr. Ibrahim Abd Elrahman is a well-known Consultant Gynaecologist and Advanced Laparoscopic Surgeon. He grew up and trained in the UK and possesses around decades of progressive and solid clinical experience in Obstetrics and Gynaecology. His main interests are advanced laparoscopic surgery including fibroids, endometriosis, prolapse, and repair of structural abnormalities.

Dr. Ibrahim completed his medical degree from National University of Ireland (NUI) and obtained his MB BS, LRCP&SI from Royal College of Surgeons in Ireland (RCSI) in 1991 and his MRCOG in 2000. Subsequently in 2005 he completed his specialist training (CCST) and obtained accreditation of minimal access surgeries from RCOG. Later he obtained the BSCCP Accreditation and FRCOG in the year 2007 and 2016 respectively. Dr. Ibrahim relocated to UAE from the UK with his family in 2008. He has been serving with various reputed hospitals in UK including Hammersmiths and Queen Charlottes Hospitals and the Royal Marsden Hospital.

In Addition to his clinical practices, Dr Ibrahim Abd Elrahman was chairman of the Clinical Quality and Patient Safety Subcommittee. He is also Asst. Professor in Mohamed Bin Rashid University of Medicine and Health Sciences (MBRU) and was training coordinator in Obs and Gynae for MBRU students in Mediclinic Middle East. He has been and continues to be involved in clinical research programs and publications. He is keen and enthusiastic in CME programs and has presented at local and international conferences. He is often considered a tertiary referral for surgery of complex gynaecological cases as well as performing case reviews from many facilities.



Dr. Wael Hosni

Head of Obstetrics & Gynecology Department
HMS Al Garhoud Hospital, HMS Mirdiff Hospital, UAE



German-Board Certified Consultant and Group Chief of Obstetrics and Gynecology at HMS Hospitals in Dubai. He is the Vice President of the Emirates Obstetrics & Gynecology Society and a recognized regional leader in minimally invasive gynecologic surgery, urogynecology, pelvic floor surgery, and surgical innovations. He is a pioneer in vNOTES, which he was among the first to introduce in Germany, UAE and Egypt. Dr. Hosni is a recognized international speaker, researcher and peer reviewer, deeply committed to evidence-based practice, medical education, and advancing women's health across the UAE and the region.

Speakers' Biography



Dr. Reem Ahmed Bolbol

Obstetrics and Gynecology Resident
Tawam Hospital, Al Ain UAE



Dr. Reem Ahmed Bolbol is a recipient of the "President's Merit List" medal from RAKMHSU academic year 2018-2019. Currently, she is a fourth-year obstetrics & gynaecology postgraduate trainee in Tawam Hospital, Al Ain. Tawam Hospital is a renowned tertiary care facility, and offers an excellent exposure to rare and complex cases in both obstetrics and gynaecology fields. During her training years, Dr. Reem has developed a special interest in endometriosis and has reported a couple of cases of extra-pelvic endometriosis with peculiar presentations



Dr. Lamis K Abufool

Obstetrics and Gynecology Resident
Mohammed Bin Rashid University,
Dubai Health, UAE



Dr. Lamis is a young aspiring final year resident in obstetrics and gynecology. After graduating from Dubai Medical College in 2020, she joined internship in Dubai Health followed by Ob/Gyn training program. Her mission is to improve health outcomes and quality of life for women across all stages of life. Drawing on comprehensive hands-on surgical training, international academic exposure, and a strong commitment to research and innovation, she aims to integrate cutting-edge minimally invasive techniques with evidence-based reproductive care. She is deeply passionate about advancing her expertise in minimally invasive gynecologic surgery as well as reproductive endocrinology and infertility.



Dr. Alya Ali Al Mansoori

Obstetrics and Gynecology Resident
Tawam Hospital, Al Ain UAE



Dr. Alya Al Mansoori is year 5 postgraduate Resident in Obstetrics and Gynecology department at Tawam hospital in Al Ain with clinical interest in maternal-fetal medicine, gynecologic care and women's health. She completed a Bachelor of Medicine and Bachelor of Surgery at RAK medical and health science University. She is committed to evidence-based practice and ongoing professional development, with a focus on improving patient outcomes through compassionate care and academic engagement.

Speakers' Biography



Mr. Chris Mathew Prince

Medical Graduate
Research at Gulf Medical University, UAE



Mr. Chris Mathew Prince is a medical graduate who completed his MBBS degree in Georgia and is currently preparing to pursue medical practice in Australia, with a strong academic foundation in clinical medicine and a keen interest in evidence-based healthcare, and he is particularly motivated to work within a healthcare system that prioritizes patient safety, teamwork, and continuous professional development.

In addition to his clinical training, Chris has developed skills in medical research and data analysis, including the use of SPSS for statistical evaluation, enabling him to critically appraise clinical data and research literature to support effective clinical decision-making, and he is a disciplined, adaptable, and hardworking professional who performs well under pressure and is comfortable working in diverse, international, and multicultural environments.



Dr. Rand Jumma

Obstetrics and Gynecology Resident
Tawam Hospital, Al Ain UAE



Dr. Rand Jumma is a Resident in the Obstetrics and Gynecology Department at Tawam Hospital in Al Ain. She has a strong clinical focus on maternal-fetal medicine, comprehensive gynecologic care, and women's health, with a particular interest in advancing patient-centered care and evidence-based practices.

Dr. Jumma is actively involved in clinical research, professional development, and multidisciplinary collaboration, aiming to contribute to improved outcomes for mothers and women in her community.

Speakers' Biography



Ms. Jude Maraka

Fourth-year Medical Student
College of Medicine and Health Sciences,
Khalifa University, Abu Dhabi, UAE



She is a fourth-year medical student at the College of Medicine and Health Sciences, Khalifa University in Abu Dhabi. She completed her undergraduate degree in Biology at George Mason University in the United States and has developed strong clinical interests in Pediatrics, Obstetrics and Gynecology, and Endocrinology. Her approach to medicine is grounded in patient-centered care, thoughtful clinical reasoning, and meaningful collaboration with multidisciplinary teams.

Beyond clinical training, she is deeply interested in communication as a tool for improving healthcare delivery and education. She currently serves as a Newsletter Sub-editor at Sheikh Shakhbout Medical City, where she contributes to hospital publications and helps translate clinical, academic, and institutional work into clear, accessible content for diverse audiences. This role has strengthened her ability to reflect critically, communicate effectively, and appreciate the broader systems that shape patient care.

As an individual, she values empathy, curiosity, and continuous self-improvement. She is known for being reflective, detail-oriented, and committed to personal and professional growth. Fluent in English and Arabic, she aspires to pursue advanced clinical training in an environment that prioritizes excellence, compassion, and lifelong learning.



Dr. Irin Blessina Jesudoss

Obstetrics and Gynecology Resident
Tawam Hospital, Al Ain UAE



Dr. Irin Blessina Jesudoss is a resident doctor in Obstetrics and Gynecology at SEHA Tawam hospital, with a broad clinical exposure to obstetric and gynecological care in a tertiary healthcare setting. She is actively involved in the management of patients across inpatient services and labour ward, with a strong commitment to evidence-based practice and patient safety. She values compassionate, ethical, and patient-centered care. She strongly believes in the role of multidisciplinary collaboration in delivering high-quality healthcare.

As a speaker presenter, Dr. Irin Blessina is enthusiastic about sharing clinical experiences and learning through academic discussions and conferences. She is committed to continuous professional development and aims to contribute meaningfully to clinical practice and academic growth within the field of Obstetrics and Gynecology.

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