



5th International Gynecology and Obstetrics Conference

workshop: **16 January , 2026**
conference: **17-18 January, 2026**
Dusit Thani Hotel, Abu Dhabi, UAE

Timings GST / UAE	DAY 1 Saturday, 17th January 2026	
07:30 - 08:30	Registration	
08:30 - 08:40	Welcome and Introduction	Dr. Saad Aswad, UAE Dr. Saleema Wani, UAE

SESSION 1		
SESSION CHAIRS: Dr. Saad Aswad, UAE Dr. Saleema Wani, UAE		
08:40 - 08:55	Antibiotic stewardship in women’s Health	Dr. Khulood Alawadi, UAE
08:55 - 09:10	What is new about vaginal microbiome implications in pregnancy	Dr. Andrea Kalin Agten, UAE
09:10 - 09:25	Why Maternal mental Health matters, Needs attention	Dr. Nahida Nayaz Ahmed, UAE
09:25 - 09:50	From MDG to SDGs: A global commitment to maternal health and reducing mortality	Prof. Hassan Shehata, UK
09:50 – 10:15	Fit for Two. Balancing Nutrition and exercise for a healthy pregnancy	Dr. Nageena Mahmood, UAE
10:15 – 10:30	Panel Discussion	
10:30 - 11:00	OFFICIAL INAUGURATION	
11:00 - 11:15	COFFEE BREAK Exhibition Visit & Networking Poster Viewing	

SESSION 2		
SESSION CHAIRS: Dr. Saad Aswad, UAE Dr. Saleema Wani, UAE		
11:15 - 11:40	Why is the prevention of preterm birth so difficult? How can we change this?	Prof. Dilly Anumba, UK
11:35 - 11:55	First trimester scan: When and Why?	Prof. Mohamed Kamal, Egypt
11:55 - 12:15	what not to miss on twin pregnancy.	Dr. Moza Al Salamani, Oman
12:15 - 12:35	The Hidden Challenge: Microangiopathic anaemia in pregnant women	Dr. Saleema Wani, UAE
12:35 – 12:45	Panel Discussion	
12:45 - 14:00	LUNCH BREAK Exhibition Visit & Networking	



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SESSION 3

SESSION CHAIRS: Dr. Saad Aswad, UAE Dr. Saleema Wani, UAE

14:00 - 14:20	Fetal Growth Restriction – Controversies in Diagnosis, Prevention, and Management.	Prof. Dilly Anumba, UK
14:20 – 14:55	LMWH: to give or not to give? Debate	Favor: Dr Samawel Hakim, UAE Against: Prof. Hassan Shehata, UK Moderator: Saleema Wani, UAE
14:55 - 15: 10	The role of ultrasound in the screening and management of high-risk pregnancy for preterm labour.	Dr. Moza Al Salamani, Oman
15:10 - 15:25	Labouring with ease: advances in pain management	Dr. Tarek Ansari, UAE
15:25 - 15:40	Women with Obesity across reproductive life	Dr Sara Sulaiman, UAE
15:40 – 15:45	Panel Discussion	
15:45 - 16:00	COFFEE BREAK Exhibition Visit & Networking Poster Viewing	

SESSION 4

SESSION CHAIRS: Dr. Saad Aswad, UAE Dr. Saleema Wani, UAE

16:00 - 16:30	Twice the challenge: Exploring Cervical length in twin pregnancy	Dr. Gareth James Waring, UAE
16:30 - 17:00	The Ripple effect of preterm birth on neonatal unit functionality?	Dr. Hafis Ponnambath , UAE
17:00 - 17:30	Unusual case of hypertension in Pregnancy	Dr. Bashir Salih, UAE
17:30 - 17:45	Panel Discussion	
17:45	END OF DAY	



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Timings GST / UAE	DAY 2 Sunday, 18th January 2025	
07:30- 08:25	Registration	
08:25- 08:30	Welcome and Introduction	Dr. Saad Aswad, UAE Dr. Saleema Wani, UAE

SESSION 5

SESSION CHAIRS: Dr. Saad Aswad, UAE Dr. Saleema Wani, UAE

08:30- 08:50	Menopause breakthroughs: what is new in hormone health	Dr. Rupinder Kaur Ruprai, UAE
08:50- 09:10	Decoding adnexal masses: Exploring the Malignant potential.	Dr. Ghada Salman, UAE
09:10- 09:30	The Master method: the easy six step surgical excision of deep infiltrating Endometriosis	Dr. Zahid Khan, UAE
09:30- 09:50	Fertility sparing options in early cervical & endometrial cancer: latest updates	Prof. David Attalah, Lebanon
09:50- 10:10	Fertility preservation in adolescent Girls	Dr. Bohaira Al Gyoiti, UAE
10:10- 10:30	The legal landscape of OBGyne, key issues and cases	Dr. Shamsa AlAwar, UAE
10:30- 10:45	Question time	
10:45- 11:05	COFFEE BREAK Exhibition Visit & Networking Poster Viewing	

SESSION 6

SESSION CHAIRS: Dr. Saad Aswad, UAE Dr. Saleema Wani, UAE

11:05- 11:25	Life style and fertility	Dr. Carol Coughlan, UAE
11:25- 11:55	The journey from Evidence based medicine to AI in in O&G	Prof. M Khalid, KSA
11:55- 12:15	HPV and genital lesions: Dose medical treatment really works	Prof. M Seoud, UAE
12:15- 12:35	Impact of contraception on sexual function. How to choose the best method. Thank you for the innovation	Dr. Zareba Korenelia, UAE
12:35- 12:50	Panel Discussion	
12:50- 14:00	LUNCH BREAK Exhibition Visit & Networking	



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SESSION 7

SESSION CHAIRS: Dr. Saad Aswad, UAE Dr. Saleema Wani, UAE

14:00- 14:30	Uterine sparing surgery in prolapse	Prof. Hassan Elbiss, UAE
14:30- 15:00	Asherman Syndrome for general Gynecologist	Dr. Mostafa Metwally, UAE
15:00- 15:30	AI & its role in future of gynaecological imaging (Assistant or Pilot)	Dr. Ghada Salman, UAE
15:30- 16:00	Can we prevent fibroid and how to manage	Prof. M Khalid, KSA
16:00- 16:30	HPV Type replacement post vaccination	Prof. David Attalah, UAE
16:30- 17:00	Management of massive ovarian tumor, how big can they get	Prof. M Seoud, UAE
17:00- 17:15	Panel Discussion	
17:15- 17:30	COFFEE BREAK Exhibition Visit & Networking Poster Viewing	

SESSION 8

SESSION CHAIRS: Dr. Saad Aswad, UAE Dr. Saleema Wani, UAE

17:30- 17:45	Pregnancy outcome after UAE	Dr. Jamal Aldeen Alkoteesh, UAE
17:45- 18:30	Resident competition – Case Discussion	Dr. Saad Aswad, UAE
18:30	End of Conference	