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PIONEERING ADVANCED MEDICINE

Advancing discovery, precision medicine and clinical care.

ABU DHABI FUTURE HEALTH SUMMIT 2026

20-22 OCTOBER, 2026 | ADNEC CENTRE, ABU DHABI

VISIT US AT
STAND 4B40 | HALL 4



DAY 3 | THURSDAY, 22 OCTOBER 2026

Personalized & Regenerative Care

From Innovation to Responsible Clinical Practice

Workshop Agenda

THURSDAY, 22 OCTOBER 2026 — **10:00 AM – 12:30 PM**

VENUE YCKC – ADSCC Booth | Abu Dhabi Future Health Summit

FACILITATOR Dara Al Fakhouri — **EXPECTED PARTICIPANTS: 20**

TIME / DURATION	TOPIC	SPEAKER / DETAILS
10:00 – 10:10 (10 min)	**Welcome and Introduction; Initial Audience Vote**	**Dara Al Fakhouri** Clinical Operations Manager PharmD, MBA
10:10 – 10:20 (10 min)	**Integrating Regenerative Medicine into Hospital Operations: Pathways, Coordination, Quality & Outcomes**	**Dara Al Fakhouri** Clinical Operations Manager PharmD, MBA
10:20 – 10:35 (15 min)	**Regenerative Medicine in Clinical Practice: Applications, Evidence & Yas Clinic Outcomes**	**Dr. Amir Fazil** Clinical Lead Regenerative Medicine & Consultant Family Medicine MRCGP, CCT (UK), MPH, FRACGP (AUS)
10:35 – 10:45 (10 min)	**Discussion 1: How much evidence is enough before an emerging therapy enters clinical practice?**	**Moderated Discussion** Audience + speakers
10:45 – 10:55 (10 min)	**Personalized Care: Integrating Clinical, Metabolic & Lifestyle Signals into Care Decisions (Functional Medicine)**	**Dr. Wajeeha Jaffer** Consultant Family Medicine MBBS, MRCGP, DRCOG, CCT (UK)
10:55 – 11:05 (10 min)	**Personalized Care: Nutrigenomics in Clinical Practice, From Gene to Care Plan**	**Milad Mansoori** Clinical Dietitian & Nutrigenomics Specialist MSc, PhD Researcher
11:05 – 11:15 (10 min)	**Coffee Break**	

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DAY 3 | THURSDAY, 22 OCTOBER 2026 · CONTINUED

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TIME / DURATION	TOPIC	SPEAKER / DETAILS
11:15 – 11:25 (10 min)	**Personalized Care: Defining the Physiological Limiter with CPET**	**Dr. Ahsan Zahid** Consultant Pulmonology & Sleep Physician FRCP, CCT (UK)
11:25 – 11:35 (10 min)	**Personalized Care: Beyond What We See – Technology Enabled Assessment for Personalized Rehabilitation**	**Rola Ryad** Physiotherapist
11:35 – 11:45 (10 min)	**Discussion 2: Personalized Care or Over-Testing?**	**Moderated Discussion** Audience + speakers
11:45 – 11:55 (10 min)	**Therapeutic Apheresis / Double Filtration Plasmapheresis: Established & Emerging Applications**	**Dr. Ziad Hussein** Consultant Endocrinologist and Internal Medicine MBChB, MRCP (UK), CCT (Endocrine), CCT (GIM), EBEEDM, FRCPE, SCOPE
11:55 – 12:05 (10 min)	**New Era in Hyperbaric Oxygen Therapy**	**Dr. Essameldin Akil** Undersea and Hyperbaric Oxygen Medicine Specialist
12:05 – 12:25 (20 min)	**Main Discussion: How should hospitals balance innovation, evidence, patient access and safety?**	**Moderated Discussion** Audience + speakers
12:25 – 12:30 (5 min)	**Repeat Audience Vote; Reflection & Closing**	**Dara Al Fakhouri** Clinical Operations Manager PharmD, MBA

Source weekday discrepancy: The top heading says Wednesday, 22 October 2026; the inner agenda correctly identifies Thursday, 22 October 2026. The date and session times are unchanged.